

ANNUAL  
NARRATIVE - REPORT

for

COCHISE COUNTY

Mrs. Maryetta Gaskill

County Home Demonstration Agent

December 1, 1953

to

November 30, 1954

# TABLE OF CONTENTS

	Page
Attendance at Project Meetings held in 1954 . . . . .	1
Report Summary . . . . .	2-3
Extension Organization and Planning . . . . .	4-25
Organization . . . . .	4
Program Planning . . . . .	4-5 & 10-14
County Council . . . . .	6-14
Spring Meeting . . . . .	6-10
Fall Meeting . . . . .	10-14
County Fair . . . . .	15
National Home Demonstration Week . . . . .	15-16
Miscellaneous . . . . .	16-25
I. Annual Conference . . . . .	16
II. Cooperation With Other Agencies . . . . .	16
III. Judging at Fairs . . . . .	17
IV. Information Program . . . . .	17-25
Samples of Circular Letters . . . . .	19-23
Sample of News Articles Written by Homemakers . . . . .	24
Samples of News Articles Prepared by State Office and Released in County . . . . .	25
House and Furnishings . . . . .	26-31
Cornices and Valances . . . . .	26
Making Slip Covers . . . . .	26-28
Miscellaneous Home Visits . . . . .	27,29,30
Food Preservation and Storage . . . . .	32-35
Emergency Food Shelves . . . . .	32-34
Home Freezing . . . . .	34-35
Food Selection and Preparation . . . . .	36-47
Mass Feeding . . . . .	36-45
Home Mixes . . . . .	46
Health and Safety . . . . .	48-49
Home Nursing and First Aid . . . . .	48-49
Other Activities . . . . .	49
Family Economics and Home Management . . . . .	50-51
Easier Housework . . . . .	50-51
Clothing and Textiles . . . . .	52-60
Choosing Accessories . . . . .	52
Hair Styling . . . . .	52
Fabric Selection and Care . . . . .	52-54
Mending, Darning and Re-Weaving . . . . .	55-56
Pre-Program Planning . . . . .	57-60

	Page
Family Relationships . . . . .	61
Recreation and Community Life . . . . .	62-63
Country Life Conference . . . . .	63-65
Home Beautification . . . . .	66
Outlook and Recommendations . . . . .	67-68
Organization . . . . .	67
House and Furnishings . . . . .	67
Food Selection and Preparation . . . . .	68
Health and Safety . . . . .	68
Clothing and Textiles . . . . .	68
Recreation and Community Life . . . . .	68
4-H Project Summary . . . . .	69-70
Clothing and Textiles . . . . .	69
Food Selection and Preparation . . . . .	69
Food Preservation . . . . .	69
Homemaking and Room Improvement . . . . .	69
Outlook and Recommendations . . . . .	69-70

Attendance at Project Meetings Held in 1954, Cochise County

Maryetta Gaskill  
Cochise County  
1954

1.

A - Project presented by Agent L - Project presented by leaders NP - Club did not participate NR - Club did not report attendance ⊙ - Agent Attended Mtg.	Local Program Planning	Fabric Selection	Mending Darning & Re- weaving	5-Piece Slip Cover	Easier Housework	Emergency Food Shelves	Home Mixes
Bisbee Junction Homemakers	A-8	A-7	Att. So. Bis. - 5	NP	2L-10	A-7	0 - 10
Cochise Pioneers Club	A-12	11L-21 <sup>⊙</sup>	A-18	A-15	2L-19 <sup>⊙</sup>	3L-15 <sup>⊙</sup>	3L - 19
Double Adobe Homemakers	A-13	3L-10 <sup>⊙</sup>	1L-11	A-12	2L-11	NP	2L - 12
Frontier Homemakers	A-5	A-4	NP	A-12	NP	A-16	2L - 10
Rucker Canyon Homemakers	A-8	NP	NP	A-8	A-8	A-8	1L - 7
San Pedro Valley Homemakers	A-8	2L-10 <sup>⊙</sup>	2L-11	A-12	2L-14	2L-14	2L - 13 <sup>⊙</sup>
Sew What? Club	A-25	1L-17	NP	A-31	1L-17	A-10	OL
Silver Creek Homemakers	A-22	2L-15	1L-22	A-19	2L-17 <sup>⊙</sup>	1L-17	2L - 26
South Bisbee Homemakers	A-12	A-6	2L-6	A-13	Club Inactive	2 att. B. J.	
Stewart Homemakers	A-18	3L-30 <sup>⊙</sup>	1L-18	A-18	A-9	1L-17 <sup>⊙</sup>	1L - 15
Sulphur Springs Homemakers	A-1	A-6	1L-17	A-5	2L-3 <sup>⊙</sup>	1L-14 <sup>⊙</sup>	1L - 4
Webb Mothers Club	A-21	2L-13	NP	A-29	1L-NR	NP	NP
Westside Club	A-18	1L-18	1L-19	A-23	1L-18	NP	2L-18
Bisbee Relief Society	1L			1L-13			
Whitewater Relief Society	4L			2L-NR		3L-NR	
Willcox Relief Society					1L-NR		
Pomerene Relief Society	3L		2L-11	A-16			
St. David Relief Society	3L		1L-NR	A-6			
Totals	182 17 coms.	15L-157 12 coms	12L-138 11 coms.	-250 15 coms	16L-126 12 coms.	11L-101 10 coms.	16L - 134 9 coms.

Maryetta Gaskill  
Cochise County  
1954

REPORT SUMMARY - December 1, 1953 to November 30, 1954

Days spent in the office . . . . .	162 $\frac{1}{2}$
Days spent in the field . . . . .	111 $\frac{1}{2}$
Days spent in conducting work with adults . . . . .	199 $\frac{1}{2}$
Days spent in 4-H Club Work . . . . .	74 $\frac{1}{2}$

Adult work was carried on in 22 communities by means of the following:

- 13 Homemaker's Clubs
- 5 Relief Societies
- 9 Church and Civic Organizations in 4 additional communities  
(Bowie, Benson, San Simon and Willcox).

The spring meeting of the Cochise County Council of Homemakers was held February 15th at the Women's Club Building in Willcox. 45 homemakers from 5 homemaker's clubs and 2 Relief Societies.

62 homemakers representing 10 homemaker groups and 2 Relief Societies attended the fall Council meeting held September 20th at the Episcopal Parish House in Douglas.

42 method demonstrations were conducted by the Agent with 516 persons attending. 216 homemakers attended 16 leader training meetings conducted by the Agent and/or the specialists. 114 meetings were conducted by local leaders with a total of 1585 homemakers in attendance. The Agent attended 20 of these meetings.

40 persons from 6 communities attended the countywide picnic held May 16th at Rucker Canyon. The picnic is held in commemoration of National Home Demonstration Week.

6 homemakers from two communities attended Country Life Conference held on the University of Arizona campus during the third week in June.

The Agent attended 10 other meetings of an extension nature not accounted for elsewhere. 268 persons attended.

Subject Matter

Clothing - 1954 clothing projects selected by Cochise County homemakers were "Selection and Care of Fabrics" and "Mending, Darning and Requeaving". Both were presented by leader training, the first by the Agent and the latter by the Clothing Specialist.

"Fabric Selection and Care" was presented in 13 communities and reached 139 homemakers in 11 communities who took part in the "Mending, Darning and Reweaving" program.

Maryetta Gaskill  
Cochise County  
1954

House and Furnishings - "Making a 5-piece Slip Cover" was presented by the Agent in 15 communities with 248 homemakers in attendance.

Food Preservation and Storage - 114 homemakers in 12 communities participated in the "Emergency Food Shelves" program. The project was presented through leader training meetings conducted by the Agent. 14 homemakers from 4 communities attended Special Interest "Home Freezing" meetings conducted in 3 areas of the county by the Agent.

Food Selection and Preparation - The "Home Mix" project was presented through Agent conducted leader training meetings reaching 134 homemakers in 9 communities. Leaders from 18 women's organizations in 8 communities were trained in "Emergency Mass Feeding" by means of leader training. Representatives of 3 homemakers clubs were included in the above figure.

Health and Safety - Three clubs reported activity in this field. Movies on "Disaster Care" and "Care of Burns" were presented at the spring Council meeting by Miss Dorothy Morse, Nursing Director, Tucson Chapter, American Red Cross. Miss Morse outlined the Red Cross Home Nursing course and the procedure to follow to secure the course in local areas.

Recreation and Community Life - 5 clubs reported activity in this area. All groups plan and hold special Christmas activities.

A total of 49 home visits were made. There were 256 office calls and 163 telephone calls received. 61 news articles were prepared and distributed to 7 newspapers and 2 radio stations.



## EXTENSION ORGANIZATION AND PLANNING

### Organization

There are 11 active homemaker's clubs in Cochise County.

Bisbee Junction is functioning once again.

The Webb Mothers Club asked to be excused from participation in the extension program for the remainder of the year saying, "we have discussed the difficulty of maintaining full cooperation with the program outlined by the Extension Service and at the same time devoting the necessary time and efforts to raising funds for our proposed club house."

The Agent contacted their president, Mrs. Mary Dawson, to review the situation and attempt to clear up any misunderstandings that might exist. It was brought out that clubs often have a difficult time maintaining membership during the time they are building and paying for a club house and that some type of project helps to hold the club together. Mrs. Dawson requested that all of their members be left on the mailing list and that she, as president, receive the announcements of all meetings and special activities.

### Results, Observations and Evaluations:

1. Webb Mother's Club has been discussing and working towards building a club house since before the Agent came to Cochise County. During that time they have been unable to participate wholeheartedly in the program, although their members have cooperated in Council activities.

2. Besides this group, the PTA is the only out-of-church women's organization in the vicinity of Elfrida. Therefore, the Webb Mother's Club takes the place of a woman's club, a lodge, and other organizations which usually exist in a community. And, as a result, they are called upon by the community much more often than the usual homemakers club.

3. The Agent made it clear that they were welcome to send leaders to any extension project leader training sessions. A leader was sent to the "Easier Housework" leader meeting.

4. Mimeographed information on "Home Mixes" was mailed to their president.

5. In October the president was contacted by letter regarding the interest of the group in the 1955 program.

6. A few homemakers have expressed a desire for participating in the extension program to the Agent.

South Bisbee homemakers disbanded in July. With the re-activation of Fort Huachuca many of their members went to work. Their president moved away and the group was not strong enough to re-organize.

### Program Planning

#### Local

During December the Agent met with work directors of the Bisbee,

Maryetta Gaskill  
Cochise County  
1954

Whitewater, St. David and Pomerene Relief Society groups to outline the 1954 homemaker's program and their participation in it.

In January the Agent assisted 13 homemaker Clubs with planning their 1954 programs. 204 year books were distributed.

Method of Procedure:

1. The 1954 secretary was provided with a secretary's book and the use of the book was explained. Her membership list was used to bring the agent's mailing list up to date.

2. The importance of sending in meeting report cards was discussed. 1954 Secretaries were provided with these cards.

3. Projects for 1954 were discussed and a vote was taken to determine in which projects the club was interested.

4. If project leaders had not been selected these were named.

5. The year book was filled out, giving the following information for each month:

- a. Date of meeting.
- b. Place of meeting.
- c. Major project.
- d. Project leaders for current meeting.
- e. Special events, such as Council meetings, picnics, etc. which will take place during the month.

6. Other items discussed were:

- a. Special interest sewing machine clinics held during the summer.
- b. Announcement of Country Life Conference dates.
- c. Requirements for a Certificate of Achievement.
- d. Participation in a First Aid or Home Nursing program.
- e. Status of Emergency Feeding Training program in Cochise County.

Results, Observations and Evaluations:

1. Most groups planned to participate in all projects. Those who did not participate in a project were responsible for their own program during that month.

2. Bisbee Junction homemakers asked the Agent to assist them with program planning. They planned to take part in several extension programs. This group seemed much more cooperative than previously. The Agent again stressed the importance of attending Council meeting to them.

3. Interest in crafts work seems to be declining.



# SPRING MEETING

COCHISE COUNTY COUNCIL OF HOMEMAKERS

February 15, 1954

Woman's Club, Willcox, Arizona



9:30 a.m. -- Registration -- Mrs. W. L. Chastain,  
Secy.  
Mrs. Millie Ellis,  
Treas.

10:00 a.m. -- Prayer -- Mrs. Helen Jeannisson,  
Cochise Progressive  
Pinneers Club

10:05 a.m. -- Group Singing --

10:15 a.m. -- Home Nursing -- A Red Cross Program for Rural Women by  
Miss Dorothy Morse, Director of  
Home Nursing, Tucson Chapter, American Red Cross

11:50 a.m. -- A Civil Defense Luncheon -- Mrs. L. W. Ingraham, Stewart  
Homemakers

12:00 Noon -- Lunch

Cornet Solo -- Nachlin Soderquist, accompanied by his mother,  
Mrs. Russell Soderquist

1:15 p.m. -- My Trip to Africa -- Charles U. Pickrell, Director  
Agricultural Extension Service

2:00 p.m. -- Business meeting -- Mrs. W. D. Wear, Sr., presiding

Maryetta Gaskill  
Cochise County  
1954

## County Council

### Spring Meeting

The executive board of the Cochise County Council met January 8th at the county office to make plans for the Spring Council meeting. Mrs. W. D. Wear, Sr., president, and Mrs. W. L. Chastain, Corresponding Secretary, attended. All other officers were absent.

Goals: To make plans for the Spring Council meeting.

To plan a program to meet the needs and interests of Cochise homemakers not met by the regular homemaking program.

### Method of Procedure:

1. The board outlined the program for the day. This included:
  - a. time and place of the meeting.
  - b. securing speakers
  - c. making luncheon arrangements
  - d. itemizing questions to be brought up at the business meeting.
  - e. securing persons to handle registration, song sessions, etc.
  - f. providing entertainment.
2. Announcement of the Spring Council meeting was made in the County Letter for February.

45 homemakers from 7 communities attended the spring meeting held February 15 at the women's Club Building in Willcox. Rainy weather prevented the attendance of some homemaker clubs. Represented were: Stewart, Cochise, Sulphur Springs, Silver Creek, Westside Club and Pomerene Relief Society and Whitewater Relief Society.

### Method of Procedure:

1. The morning program featured --
  - A. Moving pictures and a discussion of the Red Cross Home Nursing Course by Miss Dorothy Morse, Nursing Director, Tucson Chapter.
    1. Miss Morse outlined the course and explained the procedure to follow to secure the course locally.
  2. The noon luncheon was a Civil Defense - Mass Feeding type of meal. Stewart, Sulphur Springs and Cochise were hostesses.
    - a. Homemakers in the northern part of the county had participated in the Mass Feeding training program and were putting their training into practice at this meeting.

Maryetta Gaskill  
Cochise County  
1954

- b. The menu was a hearty beef stew and coffee (potluck salads and desserts were provided by homemakers from other clubs). The luncheon was served cafeteria style.

3. The afternoon program featured --

- a. A talk by Director Chas. U. Pickrell regarding his trip to Africa in 1953. Director Pickrell was a member of a party which was sent to Africa by the British Government for the purpose of studying the grass and range lands in an effort to determine the possibility of increasing cattle production. His talk featured colored slides.
- b. The business meeting. Items discussed were as follows: 1. "Arizona Sings" song book
  - a. The Cochise County Council Treasurer was named treasurer of all funds collected for the song book.
  - b. Clubs and all others interested in the song book were told to proceed with the collection of funds in this regard.

2. Bookmobile to visit Cochise County --

Miss Jean M. Stewart, State Leader, announced that a Bookmobile recently purchased by Pima County would tour Cochise County early in March.

3. Spring Fling --

- a. It was announced that the Spring Picnic would be held May 16 in Rucker Canyon.
- b. Further arrangements were not made, due to the absence of clubs from that vicinity.

4. Fall Council Meeting --

- a. The place of the fall meeting was not definitely decided upon, since South Bisbee, who had earlier indicated a desire to hold the fall meeting in Warren, were not represented at the meeting.

5. Cochise County Iron Lung --

- a. Mrs. Ada S. Christiansen, Chairman of the Iron Lung Committee, reported that the lung has been returned to the Cochise County Hospital from Phoenix.

9.

Maryetta Gaskill  
Cochise County  
1954

6. Potluck vs. Catered Service for Council meetings --
  - a. It was voted to continue with potluck luncheons at Council meetings. The difficulty in securing caterers and the fact that reservations must be made for catered meals were deciding factors.

Results, Observations and Evaluations:

1. Rucker Canyon homemakers agreed to be hostess club for the Spring Fling. Double Adobe homemakers agreed to provide recreation.
2. South Bisbee homemakers were unable to be hostess club for the fall council meeting. Westside and Silver Creek accepted this responsibility.
3. Through an oversight, the Council President did not name a nominating committee to prepare a slate of officers for the next Council meeting. She did this later by letter, naming the 1951-52 Council officers, Mrs. Ada S. Christiansen, Westside (who, due to illness, could not serve), Mrs. J. O. Bloomquist, Silver Creek, Mrs. R. Q. Hewlett, Rucker, and Mrs. Buford Olsen, Silver Creek.
4. The executive board of the Cochise Council of Homemakers met May 29 to discuss the financial situation of the Arizona Sings Songbook. Action was taken as follows:
  - a. The Cochise Council assumed responsibility for making up the difference between the amount needed to purchase the songbooks and the amount raised by pre-sale of the book. This amount (\$375) to be repaid at 6% interest from the sale of the books.
    1. The Pinal Council loaned 75% of their treasury (approximately \$59 or \$60).
    2. The Pima Council loaned (approximately \$25) from their treasury.
    3. The Cochise Council loaned (\$300) from their Iron Lung Fund.
  - b. The Cochise Council will accept the funds collected from the sale of the songbooks, using them to repay the loans and holding any funds in excess of the loans until statewide action is taken to dispose of them. (An additional 2000 copies of the book were secured without cost, it is anticipated that the profit from the sale of these books will be used to establish a permanent Songbook Fund).
  - c. The Cochise Council ordered 50 copies of the songbook for use at Council meetings.



5. During June the Arizona Sings song books were delivered to all Cochise County homemakers groups who had ordered them (excepting to the San Pedro Valley homemakers). Homemaker Clubs ordering books and the number ordered were as follows:

Cochise Progressive Pioneers Club . . .	20
Double Adobe . . . . .	17
Sew What? Club . . . . .	
Silver Creek . . . . .	20
South Bisbee . . . . .	6
Stewart .v. . . . .	24
San Pedro Valley Homemakers . . . . .	19
Rucker Canyon . . . . .	4
Westside Club . . . . .	30
Cochise County Council . . . . .	50

a. The South Bisbee group gave their 6 books to the County Council. All other groups plan to use their books in their local group.

b. A Cochise County ranch woman, Mrs. Walter Holland, ordered 4 books for her personal use. In a short note, written to thank the Agent for mailing the books to her, she said, "We think the selections were very well chosen and we shall enjoy using the books."

#### Fall Council Meeting

On July 23rd the executive board met to make preliminary plans for the fall council meeting to be held September 20th in Douglas. These plans included:

1. Outlining the program
2. Selecting personnel for - Registration  
Song Leader  
Discussion Leaders  
Secretaries
3. Making luncheon arrangements - Hostess clubs (Westside, Double Adobe and South Bisbee) will provide the main dish, all others will bring a salad or a dessert.
4. Reviewing the program material prepared by the Agent.
5. Discussing the agenda for the business meeting - election of officers - place for spring meeting - hostess club.

The July County Letter sent to all homemakers contained questions designed to start their thinking on homemaking problems. They were requested to designate the topics which were of interest to them, add others and take the list to the program planning meeting of their club.



11.  
Maryetta Gaskill  
Cochise County  
1954

Before local groups held their program planning meetings, project leaders were provided with more information and with a list of topics which were recommended the last four years. Presidents and secretaries and Relief Society presidents and work chairmen received copies of this letter.

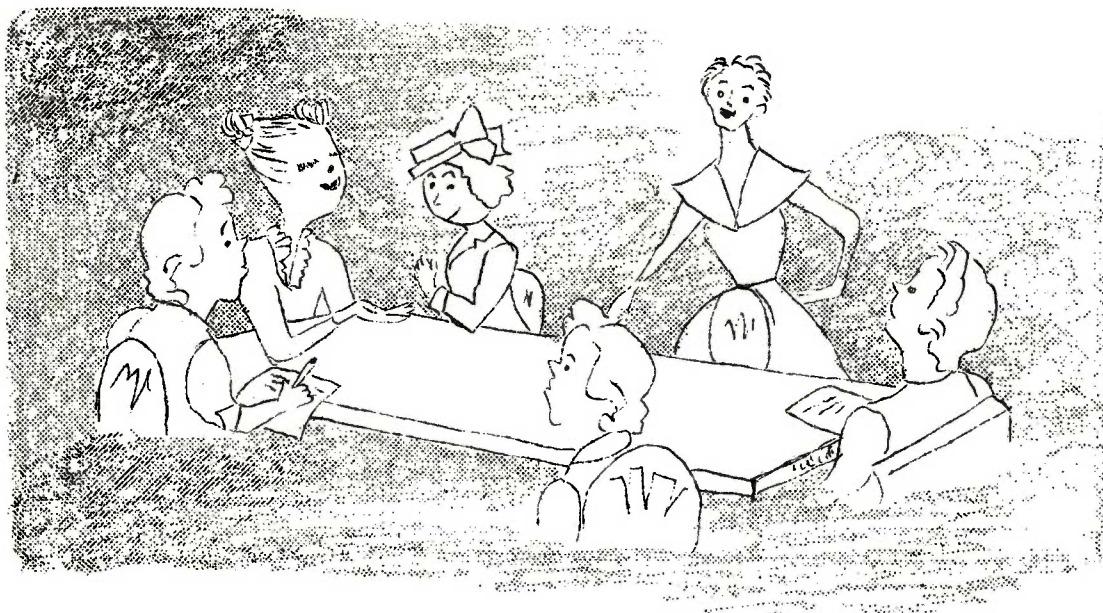
All clubs discussed program planning problems at their August or September meeting and decided upon topics which interested them. Each club was entitled to send two voting delegates and as many speaking delegates as they wished to the council meeting.

Clothing leaders and homemaker club presidents and Relief Society presidents and work chairmen were given an opportunity to attend a pre-program planning meeting in the clothing field (this meeting is reported in this report under "CLOTHING and TEXTILES").

62 homemakers representing 10 homemaker groups and 2 L.D.S. Relief Societies attended the Fall Council meeting held September 20th at the Episcopal Parish House in Douglas. Silver Creek and Westside homemaker clubs were hostesses of the potluck luncheon. Miss Jean M. Stewart, State Leader of Home Demonstration Work, was in attendance and served in an advisory capacity.

Method of Procedure:

1. Mrs. Jack Busenbark, vice-president of the Council, presided at the meeting.
2. Mrs. A. B. Capt, Bisbee Junction, gave the opening prayer and the blessing at noon. Mrs. Robert F. Waddell and Mrs. R. G. Struthers, both of Westside, led the group in singing.
3. Homemakers were divided into four discussion groups.
  - a. As a warm-up these groups discussed "What Makes A Good Extension Project?" (copy of guide questions attached).
  - b. Each discussion group then discussed their needs and interests in each of the four major fields: Clothing and Textiles; Home Furnishings and Home Management; Foods and Nutrition; and Health, Safety and Community Living.
4. Two major topics in each of the major fields were selected for the 1955 countywide program.
  - a. Each homemaker group and L.D.S. Relief Society was allowed two votes.
  - b. Voting was done by ballot. First, second, and third choice topics were designated by each group. First choice topics were given 3 points, second choice 2 points, and third choice topics 1 point.



### DISCUSSION WARM-UP

#### WHAT MAKES A GOOD EXTENSION PROJECT?

1. Are your homemakers looking for---  
(rank in order of importance)
  - something new and different?
  - entertainment?
  - information that will be of benefit to them in their homemaking job?
2. For the more involved type of projects, such as the 5-piece Slip Cover, would you prefer---
  - to have the leader present a demonstration at the meeting, with the homemakers doing the follow-up activity on their own or at a special meeting?
  - to spend more than one meeting on the project and do most of the work at the club meeting?
3. Cochise County homemakers say, "Give us something to do with our hands!" But, ---
  - are your homemakers always willing to spend the time and money required for this type of project?
  - do your homemakers participate in "doing things" at a club meeting? Are they willing to practice making a new type of patch? Will they practice a slip cover pattern?

Maryetta Gaskill  
Cochise County  
1954

5. The program selected for 1955 is as follows:

Clothing and Textiles

Making the Best Use of Your Sewing Machine  
Re-Organizing Your Sewing Center

Foods and Nutrition

Table Setting, Serving and Etiquette  
Different Ways to Cook Beef

Home Furnishings and Home Management

Care of Floors and Floor Coverings  
Making Picture Frames

Health, Safety, and Community Living

Preventing Accidents in the Home  
Helping Hospitals

6. Following the voting session a short business meeting was held.  
Principal topics of discussion were:

- a. Arrangements for the Spring Meeting - the meeting to be held in north Cochise County with Stewart, Cochise and Sulphur Springs as hostess groups.
- b. "Arizona Sings" songbook - money on hand to be used to pay off debts to Pinal and Pima Counties.
- c. Election of officers for 1955 and 1956:
  - President - Mrs. Robert Hill, Silver Creek
  - Vice President - Mrs. Maurice Dawson, Double Adobe
  - Secretary - Mrs. George Chamberlain, Double Adobe
  - Treasurer - Mrs. Walter Swaggart, Silver Creek.

Results, Observations and Evaluations:

- 1. Discussion Warm-Up results were ---
  - a. Most homemakers are looking for something new and different but they are also looking for information which will be of benefit to them in their homemaking job.
    - 1. The subject of entertainment was conspicuous by it's absence. Only one discussion group brought up the subject of crafts work when reporting to the entire delegation. Crafts work was brought up in several discussion groups but other homemakers were quick to point out that crafts work was not a part of the extension homemaking program.

Maryetta Gaskill  
Cochise County  
1954

2. This sudden de-emphasis of crafts work at program planning time is rather surprising and very gratifying. It indicates that consistent effort to explain the purposes of the extension program at Council meetings and to local groups may, at last, be paying off.
- b. Opinions differ as to the number of meetings desirable for one project; and, as to the amount of money which homemakers are willing to spend on extension homemaking projects.
  1. Westside and Silver Creek homemakers seem to be willing to have more meetings and special meetings, if necessary, to carry out projects such as slip covers and reupholstery. They are also willing to spend the amount of money required.
  2. Other groups feel that their homemakers are not able or willing to devote too much time to project work outside of the meeting and that they are not willing to spend a great deal of money.
  3. Most groups expressed support of demonstrations at the meetings with most of the follow-up work at home; but, the emphasis seemed a little weighted towards doing most of the work at meetings.
  4. Most homemakers want to work with their hands but many admit that they do not follow through on work-type projects.
2. Homemakers had fewer recommendations to make in the field of Clothing and Textiles. These recommendations followed the topics designated at the pre-program planning meetings as "Most important" by clothing leaders. (These were, also, the topics which were suggested through the county letter).
3. Homemakers tend to select their projects from suggestions listed in the County Letter. All but one topic (Conversational Spanish) recommended for 1955 were selected from suggestions contained in the County Letter.
  - a. Although the Agent would prefer that homemakers select at least a few of the topics on their own, this does not indicate that the Agent and specialists will be able to influence the selection of extension homemaking programs.
4. In future years first, second and third choice topics in each field will probably be selected on separate ballots.
  - a. It was necessary to re-vote on several projects to select 2nd and 3rd choice topics at the past Council meeting. High ranking topics on the second ballot did not correspond to those ranking high on the first ballot.



Maryetta Gaskill  
Cochise County  
1954

## County Fair

### Homemaker Club Exhibits

Cochise County Homemaker Clubs and Relief Societies were asked to participate in the Cochise County Fair by preparing and entering individual homemakers club exhibits. Mrs. Walter Swaggart, a Silver Creek homemaker, was the Superintendent of this department.

Five homemakers groups (Cochise, Westside, Silver Creek, Double Adobe and Sew What?) had exhibit booths at the Cochise County Fair. All homemaker groups and L.D.S. Relief Societies were invited to prepare booths. The theme of their booths and their placings, according to the Danish system of judging were as follows:

Cochise Progressive Pioneers	- "An Emergency Food Shelf"	- Blue
Westside Club	- "Cake Decorating Calendar"	- Red
Silver Creek	- "Boys' Ranch"	- Red
Sew What? (Portal)	- "Textile Painted Bathroom Accessories"	- White
Double Adobe	- "Mending and Reweaving"	- No Award

Judges of all home economics exhibits were Mrs. Grace Stillman, Nutrition Specialist, of Wisconsin (retired) and Miss Eaton, Home Demonstration Agent at Large.

There were a sufficient number of entries in the Domestic Arts and Canning departments to make attractive displays.

The entire fair seemed to be very successful. The fair was well attended and spectators and exhibitors were enthusiastic.

The Agent attended a fair board meeting held shortly after the fair. The intended purpose of the meeting was to discuss ways of improving the 1955 County Fair. However, little was accomplished other than to outline plans for the Cochise County Booth at the State Fair and to discuss the managership of the 1955 fair.

### National Home Demonstration Week

28 adults and their children from six communities attended the countywide picnic held in commemoration of National Home Demonstration Week. The picnic was held in the upper picnic area of Rucker Canyon on May 16th. Communities represented were Double Adobe, Silver Creek, Cochise, Rucker Canyon, Westside and Sew What? (Portal). Miss Jean M. Stewart, State Leader, Dr. Margaret Morgan, University of Arizona, and Dorothy Morse, Tucson Chapter American Red Cross, were out-of-county guests.



### Method of Procedure

1. The Rucker Canyon homemakers were the hostess club and in charge of:
  - a. serving the pot luck luncheon
  - b. providing bread, napkins, salt, pepper, etc.
  - c. making the "cowboy" coffee
2. The Double Adobe homemakers were in charge of recreation.
3. Each family brought a large amount of **one** kind of food.

### Results, Observations and Evaluations:

1. The pot luck dinner was, as usual, very delicious and very bountiful.
2. The recreation program was not held due to the fact that Miss Stewart wanted to discuss Country Life Conference and the "Arizona Sings" songbook with the homemakers.
3. Because of the relatively small number of people who attend the picnic it might seem advisable to hold several area-picnics rather than one countywide picnic. However, most families feel that much of the value of this picnic is in meeting folks from all over the county. Perhaps a special letter should be sent to all persons on the mailing list shortly before the picnic.

### Miscellaneous

#### I. Annual Conference

The Agent attended Annual Conference held on the University Campus December 8th to 11th. The general sessions provided the Agent with better understanding of the situation and outlook for Arizona and United States agriculture. The home demonstration Agent sessions presented topics of current interest.

The Agent participated in the "Information " phase of the conference by presenting a talk on "Circular Letters."

#### II. Cooperation with Other Agencies

The Agent was requested to take part in the annual F.H.A. Farm Ownership meeting held April 22nd at McNeal. 30 men and women attended. The Agent presented the 4-H movie, "Share The Fun", which is a portrayal of entertainment features presented by 4-H'ers at National 4-H Club Congress.

### III. Judging at Fairs

In April the Agent judged exhibits, the majority of which were clothing and demonstrations (all clothing) at the Santa Cruz 4-H Fair. The majority of exhibits were of good quality and the organization of the fair was very fine.

The Agent attended the New Mexico Encampment August 9 to 12 at the New Mexico A & M Campus in Las Cruces, serving as judge of the home economics demonstrations, the home economics judging contest and the talent show.

### IV. Information Program

A County Letter was sent each month to an average of 666 homemakers, 7 county newspapers, two radio stations and the Arizona Farmer. The letter featured current and coming projects, dates, places and topics of local club meetings, news of homemaker's groups, household hints, bulletins, recipes from homemakers and other information pertinent to homemaking.

News articles were sent to newspapers and radio stations weekly, if possible. Selected articles are sent the "Arizona Farmer." Jo Perrill, Woman's Editor, of the "Farmer" visited Cochise County obtaining stories on the Mass Feeding program and on five new or remodeled homes.

A summary of the news articles is as follows:

December:	Foil Keeps Oven Clean Meat For Freezing Must Be Clean
January:	Plentiful List Varies Widely Save Work With Frozen Starch Buy Broilers for Freezing Sweet Potatoes Are Plentiful
February:	Take Care of Electric Cords Beef Kabobs Tasty Dish Place and Space For Dishwasher Sewing Machine Shopping Grapefruit on March Menus
March:	Ham Language is Explained Gardening Has It's Hazards Safe-Keeping for Poultry Plenty of Good Buys in April Know Materials When Buying Fabric and Garment Selection "Carbon Tet" is Poisonous Headliners on April Markets
April:	Colorless Sugars Stain Clothing Protect Those Washable Woolens

April: Dairy Foods on May Plentifuls  
Stubborn Soil A Big Problem  
Packaging Poultry for Home-Freezing

May: Results of Cochise County 4-H Fair  
Freezing Meetings Announced, South part of County  
Mass Feeding Meeting Scheduled  
Homemakers Plan Spring Fling  
Freezing Meeting Announced, North part of County  
Young Chickens Are Plentiful  
June Promises Good Eating

June: Summer Pies Take No Oven  
Take Cottons on Vacations

July: Picnic Foods Tops In July  
Homemade Ice Cream  
Look For More Young Turkeys  
Freezer Aids Jelly-Making

August: Good Eating For August  
Put Some Zing in Your Meals  
Cut The Run Out of Lemon Pie  
Lean Beef A Budget Buy  
Beef Leads Plentifuls

September: Know Fair Food Exhibit Rules  
Top Quality Fair Exhibits  
Try Freezing Apple Slices  
Lean Beef Tops October Foods

October: Prepare Meat Thawed or Not  
Cottons, Rayons Need Storage  
Fall Apples Color Salads  
4-H Club Achievement Day  
Cochise County Achievement Day  
Cleaning Assembly  
Double Adobe Sewettes Award

November: Festive Foods in November  
One Pound Fruit Cakes  
Buying That Turkey  
Dried Fruit Bars A Special Treat  
December Foods Full of Protein

SAMPLE OF MONTHLY COUNTY LETTER

Maryetta Gaskill  
Cochise County  
1954

19.

Cooperative Extension Work  
in  
Agriculture and Home Economics  
State of Arizona

University of Arizona  
College of Agriculture  
U. S. Department of Agriculture  
And Cochise County Cooperating

Agricultural Extension Service  
Home Demonstration Work  
County Agent Work

Willcox  
October 31, 1954



NOVEMBER - There is no longer any doubt about it; fall has fell! The early morning air is downright chilly and signs of harvest time are everywhere.



PROJECT OF THE MONTH --- HOME MIXES

Make biscuits, cakes, muffins, cookies, gingerbread and dumplings in a jiffy by using mixes. Make sure that your family gets the best, nutritionally speaking, by making your mixes at home.

MAJOR EVENTS FOR NOVEMBER

Elect Officers and Appoint Project Leaders

November is the traditional month to elect officers for the coming year. These ladies should be installed at your December meeting and take office in January.

Project leaders are encouraged to continue as leader of one project for several years so that they will gain experience and acquire a good subject-matter background.

In selecting officers and project leaders for your club remember that the homemakers you elect will exercise a great deal of influence over the progress of your group in 1955. So, choose them wisely; then, give them your full support.

Prepare Your "Easier Housework" Reports

At your "Easier Housework" meeting each homemaker was asked to resolve to make at least one improvement in her method of doing housework. She could practice a better method of peeling potatoes, select a better tool, practice better posture or improve storage facilities.

At your November meeting, your home management leader will make a record of the resolutions you have fulfilled.

CALENDAR of EVENTS

<u>Date</u>	<u>Club</u>	<u>Place</u>	<u>Subject</u>
November 2	- Cochise	- Mrs. Elizabeth Gunter	- Home Mixes
" 3	- Sulphur Springs	- Mrs. Cornelius Chambers	- Home Mixes
" 4	- Stewart	- Vet's Club	- Home Mixes
" 9	- San Pedro Valley	- Mrs. Elsie Cline	- Home Mixes
" 10	- Webb Mothers' Club	-	-
" 17	- Double Adobe	- Mrs. George Ragsdale	- Home Mixes
" 18	- Frontier	- Club House	- Home Mixes
" 18	- Sew What? Club	- Mrs. Carson Morrow	-
" 23	- Westside Club	- Mrs. Chas. Otis, 1335-11th-	Xmas Cookies and Candy
" 24	- Rucker Canyon	-	-
" 30	- Silver Creek	- Mrs. J. A. Young	-

THIS 'n THAT 'n **SOMETHING ELSE**

Most of us survived the County Fair in fine shape. Homemakers from Cochise, Westside, Sew What?, Silver Creek and Double Adobe had exhibit booths which attracted a great deal of attention from fair attenders. All of these homemakers are to be commended for their efforts in setting up and maintaining a booth for the duration of the fair in spite of wind, rain and soggy crepe paper (it drooped).

Now is the time to think about the 1955 Cochise County Fair. Does your club wish to prepare a booth? Would you prefer to prepare a booth which did not require an attendant? Is your club interested in promoting greater participation in the fair from your community?

By the way, we'd like for each of you to share your favorite Christmas recipe with all of us. Send it in soon, please, for the December letter.

November 25 is Thanksgiving Day. Let us all be thankful.





## RECIPES

Here is some more "MORE"; and, this is the true "MORE". Last month we had a vegetable version of "MORE"; this month's real "MORE", you will notice, is a meat dish.

Mrs. Charles Hall of Bisbee Junction, the donor, says, "This is a very large dish, too large for an ordinary family, but swell for homemakers' meetings or lots of company."

In a small amount of fat brown ---

1 large onion

1 lb. sausage

$\frac{1}{2}$  head celery

1 lb. hamberger

Add ---

1 clove of garlic (or garlic salt)

salt to taste

1 large can of tomato puree (or 1 can of tomatoes)

1 cup peas

1 can whole corn

1 can pimiento (cut fine)

chili powder to taste

Stir in ---

1 lb of spaghetti (cooked, drained)

Bake for one hour in 350° F. oven. Shortly before removing the "MORE" from the oven, spread  $\frac{1}{2}$  lb. of grated cheese over the top of the "MORE" and allow it to melt.

## BULLETINS and MIMEOS

Order your copy from this office before it slips your mind.

Turkey On The Table The Year 'Round - a USDA publication with complete information on preparing and re-preparing that Thanksgiving bird.

Safe and Attractive Home Lighting - An Extension mimeo that tells and shows you where and how to place lamps. Well-placed lamps make for comfortable reading and good eye health.

Freezing Combination Main Dishes - A new USDA Leaflet containing recipes and suggestions for preparing, freezing, and using frozen combination main dishes.

## HINTS

Keep all the juice and flavor in your baked ham by making a pie crust without salt and putting it around the ham while baking.

Laundry or dry clean those wool baby clothes treated with EQ-53 before putting them on the baby. A baby's skin is very tender and it may be allergic to the material. EQ-53 is a new material that can be added to water when laundering wools to make the fabric resistant to moths.

Afraid you'll cut the material when you take a button off a garment? Try slipping a fork between the button and the fabric. Then you can cut the threads between the tines of the fork and the button.

Sincerely,

*Maryetta Gaskill*  
Maryetta Gaskill

Home Dem. Agent, Cochise County

SAMPLE OF REMINDER LETTER

22.  
Maryetta Gaskill  
Cochise County  
1954

Cooperative Extension Work  
in  
Agriculture and Home Economics  
State of Arizona

University of Arizona  
College of Agriculture  
U. S. Department of Agriculture  
And Cochise County Cooperating

Agricultural Extension Service  
Home Demonstration Work  
County Agent Work

Willcox  
May 11, 1954

Dear Homemaker:

The follow-up meeting on Civil Defense Mass Feeding will be held Saturday, May 15 at 2:00 p.m. at the Willcox Woman's Club. We're hoping that every group who sent leaders to the Mass Feeding training sessions will be represented at this meeting.

Bring the check sheet which your  
Team Supervisor filled out at your  
Mass Feeding Demonstration.

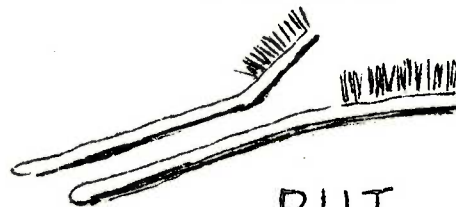
The afternoon will be full. Briefly, here are the scheduled topics:

1. A discussion of the Mass Feeding Manual.
2. A review and further discussion of sanitation.
3. A movie on the hydrogen bomb.
4. Planning for future "Mass Feeding" Activity.

Don't miss this meeting!

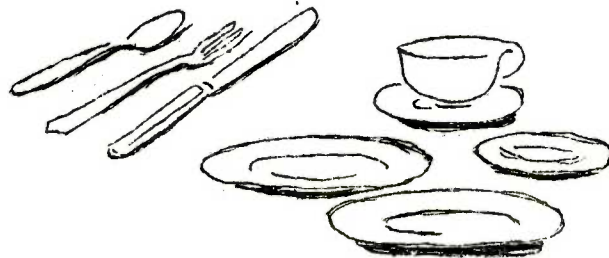
MG:BC

YOU DON'T SHARE THESE  
WITH YOUR OWN FAMILY



BUT

YOU SHARE THESE WITH  
ANYBODY!



BECAUSE YOU BELIEVE THEM TO BE  
THOROUGHLY CLEANED AND STERILIZED

Sincerely,

*Maryetta Gaskill*

Maryetta Gaskill  
County Home Demonstration Agent  
Willcox, Arizona

SAMPLE OF CIRCULAR LETTER

Cooperative Extension Work  
in

Agriculture and Home Economics  
State of Arizona

University of Arizona  
College of Agriculture  
U. S. Department of Agriculture  
And Cochise County Cooperating

23.  
Maryetta Gaskill  
Cochise County  
1954

Agricultural Extension Service  
Home Demonstration Work  
County Agent Work

Willcox  
May 19, 1954



Dear Homemaker:



The Ninth Country Life Conference of Arizona Women will be held on the campus of the University of Arizona June 14, 15, 16 and 17.

All rural women of the state are invited to attend. It is hoped that your community will be represented by at least a car-load of women.

The conference is planned to give the rural women of the state the opportunity to exchange ideas, to make new friends, to receive inspiration for carrying on their homemaking program, and to have a whee of a good time.



There will be workshops in subjects recommended by homemakers, reports and discussions on subjects vital to the interest of farm and ranch women, group singing, campus tours and recreational activities.



The charge for three nights' lodging in Gila Hall and eight meals in the Student Union Building will be \$12.50, including the registration fee. Sheets and pillow slips will be furnished by the University. You will bring your own blanket, towels and soap. You will make your own arrangements for transportation to and from Tucson.

Cotton dresses and comfortable shoes are the order of the day when it comes to wearing apparel. If you have a hat that you'd like to wear to the President's Tea, bring it along - but hats are not required.

Will you extend an invitation to all rural women in your community to attend? Reservations should be in the office of the Home Demonstration Agent by June 1, 1954.



Sincerely yours,

*Maryetta Gaskill*

Maryetta Gaskill  
County Home Demonstration Agent  
Willcox, Arizona



MG:BC

RESERVATION  
for  
COUNTRY LIFE CONFERENCE

To be held on the University of Arizona campus, Tucson, June 14, 15, 16 and 17, 1954.

Name \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_ Telephone \_\_\_\_\_

(Please return this form to the County Extension Office, Willcox, by June 1, if you wish to attend).

Maryetta Gaskill  
Cochise County  
1954

# NEWS ARTICLE WRITTEN BY HOMEMAKERS

## Fabric Choice Discussed By Homemakers

The Silver Creek Homemakers met yesterday at the home of Mrs. J. O. Bloomquist with Mrs. E. L. Young as cohostess.

The morning session was spent in discussion of the care and choosing of fabrics. Mrs. Maryetta Gaskill, home demonstration agent, was in charge.

Potluck luncheon was served at noon followed by a business meeting presided over by Mrs. R. W. Hill, in the absence of the president, Mrs. Elmo Rice.

Highlight over the afternoon session was the announcement that the club had received a certificate of achievement for 1953.

Two new members, Mrs. W. N. Elliott and Mrs. C. E. Richardson, were taken into the club.

The remainder of the afternoon was taken up with a discussion of home nursing.

Members attending were Mmes. Walter Swaggart, L. R. Adams, John Kelley, L. W. Loudin, Wirt French, J. A. Young, Carl Brown and E. J. Slavin.

Guests were Mmes. C. E. Ream, Louis Laging and Miss Eva Johnson.

The next meeting will be held at the home of Mrs. Pete Whatley on Highway 80.

## SLIP COVER DEMONSTRATION GIVEN AT HOMEMAKERS

An interesting demonstration was made by Mrs. Maryetta Gaskill when the Stewart Homemakers met Thursday when she showed the women a new five piece design slip cover which is simple to make and to remove for washing. The women did not know it would be the last time they would meet in the Stewart club house for it burned the following Saturday.

Hostesses for the day were Mrs. Bert Wilson and Mrs. Joe Young. A new member is Mrs. Robert Earned.



Maryetta Gaskill  
Cochise County  
1954

News Articles Prepared by the State Office for  
Release in the County.

### *Fall Apples Color Salads*

It doesn't take a paint brush to put some color in your fall salads, comments Maryetta Gaskill, county home demonstration agent.

Just try a few of the fall and winter apples that are coming into the markets now. This month is one of the heaviest apple harvesting months this year as the 1954 apple crop is expected to be 10 million bushels more than last year's crop.

For a special luncheon salad: take 4 tart, firm apples, 1½ cups of sugar, ¼ teaspoon of salt, ¼ cup of red cinnamon candies, 3 cups of water, ½ cup of cottage cheese or 3 to 4 ounces of cream cheese, and ¼ cup of chopped green pepper.

Pare and core the apples first. Then, add the sugar, salt, and red candies to the water. Heat this until the candies and the sugar dissolve. Cook the apples slowly in this syrup in a covered pan, until the apples are tender. Turn them occasionally so they will color evenly. Drain the apples and chill them. Then, mix the cheese with the green pepper, and stuff the apples with this mixture. You can serve the stuffed apples on watercress or some other salad green. This makes four servings.

### **BUY BROILERS FOR FREEZING**

The recent sharp drop in retail prices of broiler-fryer chickens should alert thrifty housewives that now is the time to put these young birds down in home freezers. Retail prices of these young tender birds took such a tumble recently that they probably hit the lowest levels since World War II. The big drop began in the east in mid-December and has moved westward so that broilers should be an unusually good buy in all parts of the country during January, says Maryetta Gaskill, county home demonstration agent.

Broiler prices have been trending downward ever since their high point last July, even though sales have been well above a year ago. So popular are these young birds that they now account for about 60 percent of all chicken consumption in United States. It will be some time before broilers will be selling again as cheaply as they are now. Now is the time to save by getting some into your freezer.



Maryetta Gaskill  
Cochise County  
1954

## HOUSE AND FURNISHINGS

### Cornices and Valances

This project was presented in 1953. Since then the following results have been reported:

- 37 homemakers attended 3 work meetings on this subject
- 9 homemaker club members and one other person used ideas presented through this project
- 20 cornices or valances were made
- 10 homes were visited to see improvements made
- 3 homes included "window improvement" when re-modeling

### Making Slip Covers

During January the Agent received training in making the five-piece slip cover from Miss Grace Ryan, Extension Specialist, in Home Furnishings. This project will be presented to all clubs by the Agent.

The St. David and Pomerene Relief Societies presented this project by leaders since their groups meet on the same day as another homemakers group. 22 homemakers from these two communities attended a leader training meeting held January 29th in Pomerene.

During February the Agent presented the slip cover demonstration to 12 homemakers groups. 197 homemakers were in attendance.

Goals: To teach homemakers how to make the 5-piece slip cover  
To re-emphasize principles pertaining to fabric selection and construction techniques

### Method of Procedure:

The following were demonstrated and discussed

1. Selecting suitable fabrics for making slip covers
  - a. sun and wash fast qualities
  - b. types of suitable fabrics
  - c. fabric patterns and their relation to slip covering
2. Seams and finishes for slip covers
3. How to make the 5-piece slip cover
4. How to make a slip cover pattern

### Results, Observations and Evaluations:

1. The homemakers were generally enthusiastic about this simplified method. A few inexperienced homemakers felt that a one-piece slip cover might be easier to make and more suitable for general use. When the Agent showed them an example of a one-piece slip cover, they were convinced that the five-piece method is simpler.

Maryetta Gaskill  
Cochise County  
1954

2. An experienced slip-cover maker commented, "Well, you sometimes think you've learned it all; then, they come out with something new and easier."
3. More complete subject matter would be of much help to homemakers. The Agent was asked many questions regarding points which were covered in the demonstration but which were not answered in the subject matter information given to homemakers.
4. During March 3 homemakers Clubs reported work meeting on making the 5-piece slip-cover. San Pedro Valley made one slip cover pattern and started another; Double Adobe made one slip cover pattern; and Westside Club made three slip cover patterns. Frontier cancelled a slip cover work meeting when the homemaker who planned to provide the chair took a job several days before the meeting. The Silver Creek work meeting was held at a later date.
  - a. By assisting in making slip cover patterns, many homemakers (approximately 27) gained experience in measuring and fitting. Most were amazed at the simplicity of the 5-piece method.
  - b. The work meetings were supervised by home furnishings leaders.

#### Miscellaneous Home Visits

During April the Agent conducted Jo Perrill, Women's Editor of the Arizona Farmer on a tour of five Cochise County homes as follows:

- Mrs. Bernice Ingraham, Stewart - new home partially furnished with antiques, gardening and household arts
- Mrs. George Scott, Benson - new home in process of being built
- Mrs. Don Fox, Palominas - Remodeled home, making slip covers
- Mrs. Sally Richards, Portal - Remodeled home, collection of Indian artifacts
- Mrs. Alden Hayes, Portal - Remodeled and redecorated adobe home

#### Results, Observations and Evaluations:

1. These stories were published in the "Arizona Farmer" over a period of several months. They did much to create good-will and to increase interest in the homemaking program.

L - Extra meeting conducted by leader NP - Club did not participate NR - Club did not report	Attendance at Project Meeting	Leader's Reports on Slip Cover Making					
		How many selected slip-cover material		How many made slip-covers		How many used finishes taught in project	
		Homemaker	Other	Homemaker	Other	Homemaker	Other
Bisbee Junction	NP						
Cochise Pioneers Club	15	3	0	0	0	1	0
Double Adobe	12	0	0	0	0	0	0
Frontier	12	NR	NR	NR	NR	NR	NR
Rucker Canyon	8	NR	NR	NR	NR	NR	NR
	L-14						
San Pedro Valley	12	2	0	2	0	2	0
Sew What? Club	31	1	0	1	0	1	0
Silver Creek	19	4	NR	2	2	2	NR
South Bisbee	13	NR	NR	NR	NR	NR	NR
Stewart	18	1	1	2	0	3	0
Sulphur Springs	5	NR	NR	NR	NR	NR	NR
Webb Mothers Club	29	NR	NR	NR	NR	NR	NR
Westside Club	L-13 23						
		3	NR	3	NR	NR	NR
Bisbee Relief Society	2 L	NR	NR	NR	NR	NR	NR
Pomerene Relief Society	16	NR	NR	NR	NR	NR	NR
St. David Relief Society	6	NR	NR	NR	NR	NR	NR
Totals - 15 coms.	248	14	1	10	2	9	0



Maryetta Gaskill  
Cochise County  
1954

News of Cochise County Homemakers published in  
the "Arizona Farmer"

# The Arizona Homemaker

## PUZZLING OVER POTSHARDS

*Jim and Sally Richards Share an Arizona Hobby That Sharpens  
Their Eyes, Keeps Them Guessing*

**S**UNDAY AFTERNOONS are all taken up for Jim and Sally Richards as far ahead as they can count; they'll be out shard-hunting.

They live in the right country for it too, a few miles from the foot of the Chiricahuas, on the New Mexico side of the Arizona-New Mexico line not far from Rodeo, N. M. It's Apache country all right, but most of the pottery, arrowheads and other relics they collect pre-date the Apaches by a few hundred years.

Both Jim and Sally are natives of the area, and Jim started collecting arrowheads when he was a boy, but it didn't boom into a full-fledged hobby until just a few years ago, when the Richards moved to their ranch home.

First they picked up an arrowhead here and there, a broken piece of pottery, a bead or two and brought them home as people will. Then they got curious, bought a book, then another one. Their expeditions grew from there. Finding the first arrowhead is a hard job; your eyes aren't accustomed to selecting that little piece of man-chipped rock from all the others shaped by nature. But you learn, as Jim and Sally learned.

Then in a very short time you have acquired the knack, somehow, of finding traces of the long-gone past. A curved bone needle, a pendant, enough pottery shards in one place to shape an entire bowl from them.

You learn where to go for the best finds, what locations might well "prove up." At least, that's the way Sally Richards explains it. And your curiosity never abates, because there are always so many unexplained items. There is always the hope that one more piece might solve the mystery — or the next page in the latest book will tell you what you have found.

### Finds Thus Far

Among the items in their collection, besides a couple of hundred arrowheads, are needles, almost semi-circle, so the housewife might



Sally Richards holds up one of the prize displays of arrowheads and artifacts garnered from various locations on or near their home ranch. In the background is the display of other items the Richards have found over a period of years. Directly above the frame she is holding is the Chihuahua classic duck bowl.

well wonder how anyone ever sewed with them. There are a number of pendants and beads, including some that probably are beads, but look more like ornamental buttons with the holes drilled in the back. There are arrow-smoothing stones with grooves worn deep by countless thousands of arrows that were rounded off on them. There is a curious, and pretty, little stone bowl which Sally Richards supposes might have been the medicine man's Mixmaster. Out in the yard are a number of metates — corn grinding bowls. And prize of the collection is a pottery piece they didn't find, but bought in Mexico — a duck bowl of the kind known as Chihuahua classic.

The arrowheads, of flint, slate, quartz, smoky topaz and other

minerals, range in size from half-inch to more than two. Apparently they were sized for hunting birds, small animals; big ones — and there also are "war heads," which look mighty lethal.

Arrowhead collecting leads naturally into the rockhound field, which Sally says probably will be what they will turn to next. Because naturally they would like to know for sure just what rock each arrowhead is made from, and there is an amazing amount of diversity.

### Other Things to Do

Their collection would be larger, says Sally, except for a couple of major items like taking care of their ranch and remodeling their home.

Since moving to the ranch four  
(Continued on Opposite Page)



Maryetta Gaskill  
Cochise County  
1954

## ARIZONA-NEW MEXICO GROUP — SEW WHAT?



These women constitute about half the members of the Sew What? Club, a group of homemakers who live in and around Portal, Ariz., and Rodeo, N. M. On the day this picture was taken they met in the home of Mrs. Vivian Martin at Rodeo. Club members (l to r) are: Nina Harris, Mary Alba, Emily Fanning, Maurien Dayton, May Robb, Norene Posey, Dorothy Mack, Minnie Underwood, Lillie Darnell, Jane Greenamyer, Wardie Hale, Esier Mooney, Rosemary Townes, Gretchen Hayes, Sally Richards. Children in the picture are Will Swift, Pamela Swift, Michael Dayton, Yoland Underwood.

## Puzzling Over Potshards

(Continued from Page 32)

years ago the Richards have re-finished the interior, painted outside, and added the kitchen, carport and utility room. They knocked out the wall that separated the old kitchen from the living room and made it into a large living room. One side is paneled with redwood, which with the wrought iron hardware and the Navajo rugs lends considerably to the "ranch-style ranch-house."

Aside from hired labor for the brick work and the plastering, the

Richards have done all the work themselves. One of Jim Richards' ingenious ideas included the horse-shoe towel racks — one shoe attached to the wall, the other shoe perpendicular to it. For the wider towel racks, he put a steel reinforcement rod between two sets. The reinforcement steel, which originally was used in an airport tower foundation, also came into use as curtain rods.

Home remodeling is pretty well finished up now for the Richards and they are concentrating their attention on the ranch. But the big item they can't do much about — rain. Sally says maybe they jinxed themselves when they threw up a dike in front of the house when

they moved in. Every year up until then flood waters raced through the house. Since the dike was built there hasn't been even the tiniest flood.

The Richards have cut down on their range cattle numbers and are waiting it out; in the meantime, sunny weather makes for better pot-hunting expeditions! — Jo.



Jim Richards was too busy to pose for his picture, so the photographer caught him at work.



Maryetta Gaskill  
Cochise County  
1954



Mrs. Margaret Fox, a San Pedro Valley homemaker, standing in the kitchen alcove of the Fox guest house. In the foreground is the living, dining and bedroom area. The door to the left leads to a closet. Laundry facilities are to the right rear. Mrs. Fox did much of the plastering, painting and wall papering.

Maryetta Gaskill  
Cochise County  
1954

Bulletins and Mimeos requested or taken from the office:

1 Making Cornices  
244 Simplified Slip Covers  
5 Slip Covers  
4 Reupholstering  
14 Furniture Repair  
2 The Finish Counts  
14 Tailor Your Draperies  
1 Color In Your Hands  
2 Color in The Home  
1 What Goes With What  
2 Making Simple Lampshades  
2 Making A Lampshade Pattern  
1 Lighting Intelligence Test  
1 Types of Lamps, Bulbs and Bowls  
6 Making Light Work For You  
1 Guide Posts For Buying Household Equipment  
5 Household Equipment, It's Care and Simple Repair  
1 The Expanding House

---

307 Total

Maryetta Gaskill  
Cochise County  
1954

## FOOD PRESERVATION AND STORAGE

### Emergency Food Shelves

During May the Extension Nutritionist and the Agent spent one day developing the Emergency Food Shelves program. The project was presented by the Agent to local leaders.

12 homemakers from 7 communities attended the Emergency Food Shelves leader training meetings held in two areas of the county. 154 subject matter mimeos, "Emergency Food Shelves", were distributed. Communities represented were Cochise, Stewart, Willcox VFW Auxiliary, Sulphur Springs, Whitewater Relief Society, Silver Creek and San Pedro Valley. Homemaker clubs not represented were Double Adobe, South Bisbee, Frontier, Rucker Canyon, Sew What?, Bisbee Junction and Westside. All were contacted regarding ways in which they could participate in this project.

Goals: To teach homemakers how to more nearly maintain their present standards of living under emergency conditions.

To teach homemakers how to make use of the Civil Defense home food reserve in regular menus.

To teach homemakers how to provide suitable storage for the home food reserve.

To make suggestions for adopting the purchase of the home food reserve to the regular food budget.

### Method of Procedure:

1. The following subject matter materials were prepared
  - a. Suggested purchases for a home food reserve. This was for a family of four and was based on the Basic 7 foods.
  - b. A list of recipes using supplies from the home food reserve.
  - c. A leaders guide - telling how to present the project and containing additional subject matter.
  - d. A Leader's Report.
2. The following was discussed
  - a. How to figure the amount of the various foods to keep on hand for "your" family.
  - b. The importance of keeping all types of foods represented in the "suggested home food reserve" on hand and making sure that reserve supplies are not depleted entirely before a new supply is secured.

Leader's Report on "Emergency Food Shelves"					
NP * Club did not participate NR - Club did not report	No. of Homemakers who attended the local meeting	No. of Homemakers who stocked an Emergency Food Supply	How many Homemakers replaced used foods from an Emergency Food Supply	No. of Homemakers who tried new recipes from Emergency Food Shelf Products	
				Once	More Times
Bisbee Junction	7	NR	NR	NR	NR
Cochise Pioneers Club	15	10	9	6	NR
Double Adobe	NP				
Frontier	16	NR	NR	NR	NR
Rucker Canyon	8	NR	NR	NR	NR
San Pedro Valley	14	11	11	6	NR
Sew What? Club	10	13	13	2	NR
Silver Creek	17	20	20	NR	20
South Bisbee	2	NR	NR	NR	NR
Stewart	17	7	7	NR	3
Sulphur Springs	4	NR	NR	NR	NR
Webb Mothers Club	NP				
Westside Club	NP				
Whitewater Relief Soc.	3 ldrs.	NR	NR	NR	NR
Totals - 12 coms.	114	61	60	14	23
VFW Auxiliary, Willcox	1 ldr.	NR	NR	NR	NR
Garden Club, Willcox	Office call	NR	NR	NR	NR
Am. Legion Aux., Willcox	Office call	NR	NR	NR	NR



- c. How to adopt a home food reserve to family food habits.  
For example, one homemaker said that her family did not eat cereals for breakfast, but quite often did eat waffles or pancakes. This homemaker will probably want to replace the ready-to-eat cereals with additional flour or pancake mix.
3. The leaders prepared several dishes using food reserve products.

#### Results, Observations and Evaluations:

1. The Agent presented this project to the Bisbee Junction, Frontier, Rucker Canyon and Sew What? (Portal) homemaker groups, Interested South Bisbee homemakers attended the Bisbee Junction meeting.
2. Only 4 groups turned in leader's reports. In these it is interesting to note the high percentage of homemakers who stocked an emergency food supply.
3. The Whitewater Relief Society prepared a complete list of the amounts of each "food reserve" product which persons of various age groups would require for a period of one week. They used their chart in helping members of their group plan their home food reserve.
4. The Cochise Progressive Pioneers used this project as the theme of their blue ribbon booth at the County Fair. The booth attracted a great deal of interest and drew a great deal of praise from County Civil Defense officials. Said their foods leader, "We explained the important connection between the extra food supply and the Basic 7 food divisions so as to have a balanced supply of food on hand for emergencies."

#### Home Freezing

14 homemakers from 4 communities attended the special interest home freezing meetings held in 3 areas of the county during May. 28 bulletins and 42 mimeos were distributed.

#### Method of Proceedure:

1. Included in the home freezing work meetings were the following
  - a. Freezing vegetables (corn) - a result demonstration illustrating the importance of blanching.
  - b. Fruits - making fresh frozen strawberry jam.
  - c. Pastry - packaging tarts and pie crusts before freezing.

- d. Eggs - freezing the whole egg or whites and yolks separately.
  - e. Freezing combination dishes.
2. A display of packaging material was set up. These were discussed and methods of packaging illustrated.

Results, Observations and Evaluations:

- 1. The attendance at these area meetings was very low. Although eight groups indicated interest in home freezing, only four were represented at the meetings.
- 2. In 1955, home freezing meetings will be offered to individual groups on a regular meeting day. The club will be asked to specify topics of particular interest to it's members and to provide all food products.
- 3. The Agent continues to hear reports of homemakers freezing vegetables (to their satisfaction) without first blanching them. Homemakers who have tried both methods and compared the results are confirmed vegetable blanchers.

Bulletins and Mimeos requested or taken from the office:

- 186 Emergency Food Shelves
- 13 Emergency Food Shelves Leader Guide
- 13 Emergency Food Shelves Leader Report
- 29 Home Freezing of Fruits and Vegetables
- 10 Home Freezing of Meat Products
- 10 Chicken in the Freezer
- 8 Making Velva Fruit at Home
- 8 Home Freezing - Doorway to Better Living
- 12 Freezing Combination Dishes
- 2 Freezing Cooked Foods
- 11 What To Do When Your Freezer Stops
- 3 Cooking Frozen Foods
- 9 Home Canning of Fruits and Vegetables
- 3 Home Preservation of Foods With Sugar
- 1 Home Preservation of Foods With Salt and Vinegar
- 1 Homemade Jellies, Jams and Preserves
- 7 Miss Virmond's Pickle Mimeo
- 14 Pickle and Relish Recipes
- 1 Home Storage of Vegetables
- 13 Protect Home-Cured Meat From Insects
- 1 Curing Meat
- 3 Take Care of Your Pressure Canner

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358 Total

Maryetta Gaskill  
Cochise County  
1954



An outdoor Mass Feeding dishwashing set -up. From left to right; Mrs. Sonya Balcom, Willcox, stands behind the stacked, soiled dishes; Mrs. Jess Williams, San Simon, is the dish washer; Mrs. Alice Lacy, San Simon, puts the dishes through the first binse; and Mr. Geo. Griffen, Cochise County Sanitarian, explains the sanitizing procedure as Mrs. Bernice Ingraham, Stewart, observes.

## FOOD SELECTION AND PREPARATION

### Mass Feeding

During July 1953 the City of Willcox began organizing a local Civil Defense. One of the phases most directly affecting the Extension Service was the problem of training groups who would be responsible for setting up and managing mass feeding centers in the event enemy aggression made such action necessary.

Organized groups who regularly serve meals to service clubs and the like were asked to name committees to be in charge of the mass feeding program. The Willcox Director of Personnel, Rev. E. S. Morford, discussed this matter with the Agent and requested assistance.

Accordingly the Agent classified areas in which training might need to be given and requested assistance from the State Office.

At the September Council meeting the Cochise County homemakers selected this topic for a 1954 countywide project. (The project was later restricted to the northern portion of the county on the suggestion from Civil Defense officials because only the northern highway route was to be used for evacuee travel.)

During December the Agent attended an organizational meeting held at the University of Arizona. The purpose of this meeting was to outline a Mass Feeding Training Program and to assign the responsibility for carrying out the various phases of the program.

Persons attending the meeting were Mr. George B. Owens, State Director, Civil Defense; Mrs. Margaret Janssen, Assistant State Director, Civil Defense; Mrs. Florette Pomroy, Regional Welfare Officer, Federal Civil Defense; a Tucson Civil Defense person; Miss Jean M. Stewart, State Leader of Home Demonstration Work; Mrs. Elsie H. Morris, Extension Nutritionist; and, the Agent.

During January the Agent attended two organizational meetings to further discuss the various phases of an emergency feeding training program.

11 persons attended a meeting held January 16th to make final plans for the training program. There were: Mr. E. S. Morford, Willcox, director of emergency feeding; Mr. Fred Crookshank, Willcox, Civil Defense Director; Mr. Jack Howard, Sheriff of Cochise County; Mr. Frank Clark, County Welfare Director; Mr. John Pintek, Cochise County Civil Defense Director; Mr. Tomlinson, Cochise County Civil Defense Legal Advisor; Miss Grace Smith, School Lunch Program Supervisor; Miss Martha Pollard, Public Health Nutritionist; Mr. George Griffin, Sr., Cochise County Sanitarian; Mrs. Elsie H. Morris, Extension Nutritionist; and, the Agent. The Civil Defense Auxiliary Police of Willcox met briefly with the group.



Following this meeting the Agent met with Mr. Morford and Mrs. Hazel B. Johnson, who was named Chief of Mass Feeding for the Willcox area, to review the training program.

45 homemakers from 8 communities and 18 women's organizations attended one or both of the Mass Feeding Training sessions held February 5th and 19th at the Woman's Club Building in Willcox. 8 members of 3 homemakers clubs (Stewart, Cochise, and Sulphur Springs) were included in the above figures. Others who attended and assisted with the program were:

Mr. John Pintek, Cochise County Director of Civil Defense  
Mr. George B. Owens, State Director of Civil Defense  
Mr. Frank Clark, Cochise County Welfare  
Rev. E. S. Morford, Director of Personnel, Willcox Civil Defense  
Miss Grace Smith, Field Supervisor, School Lunch Program  
Miss Martha Pollard, Nutrition Consultant, Public Health Service  
Miss Jean M. Stewart, State Leader of Home Demonstration Work  
Mrs. Elsie H. Morris, Extension Nutritionist  
Mr. L. B. McAleb, Willcox Red Cross  
Mrs. Grace Doedoler, Assistant Director of Civil Defense, Pima County  
Mr. Jack Howard, Cochise County Sheriff  
Mr. C. C. Brashear, Deputy Sheriff

Objective: To teach Mass Feeding principles and techniques to homemakers residing along Highway 86.

Method of Procedure:

1. Each women's organization in Willcox which regularly serves food to groups and the communities of St. David, Benson, Pomerene, Bowie and San Simon were asked to send two leaders to the training sessions.
2. Each training session included the preparation and service of a mass feeding type meal. The work was done by the homemakers attending the meeting. At the second session the homemakers actually did a dress rehearsal of preparing a mass feeding meal according to recommended procedures.
3. The subject matter presented at the training sessions was as follows:
  - A. Civil Defense and You
    1. Mr. George B. Owens, State Director of Arizona Civil Defense, explained why it is Civil Defense organizations are important. He also discussed the explosive power of atomic and hydrogen bombs.
  - B. Personnel for Mass Feeding  
The organization for Mass Feeding on a county and local level was outlined and the duties of each team member discussed.

C. Selection and Preparation of Food in Large Quantities

1. Presented by Miss Grace Smith, Field Supervisor of the School Lunch Program. This phase included suggestions for preparing and cooking foods; amounts to buy for 50 servings; a table of equivalent weights and measures; and quantity recipes and menu suggestions.

D. Special Diets

1. Miss Martha Pollard, Nutrition Consultant, Public Health Service, discussed diets for pregnant and lactating women, invalids and infants.
2. It was recommended that infant formulas be prepared in a separate kitchen by a qualified woman (nurse or home economist).

E. Sanitation Pointers for Mass Feeding

1. George Griffin, Sr., Cochise County Sanitarian, discussed the importance of and how to maintain sanitation for the following:
  - a. Standards for workers, kitchen and dining areas, and workers rest rooms.
  - b. Preparation and service of food.
  - c. Dishwashing and dish storage.
  - d. Taking care of garbage.
  - e. Controlling flies and pests.
  - f. Purifying questionable water.

F. Arrangement of Kitchen and Dining areas.

G. Supplies and Small Equipment for Mass Feeding Centers

1. Presented by Elsie H. Morris, Extension Nutritionist, These topics featured:
  - a. How to make the most efficient use of existing community facilities.
  - b. Suggested list of table service, preparation and serving utensils and kitchen equipment. Homemakers were urged to locate these supplies among their members and perhaps stock pile them.

H. Supply Management

1. A sample for recording market orders was presented and it's use discussed.
2. Storage of supplies was also discussed.

I. Team Performance

1. It was suggested that each group prepare a mass feeding type meal once or twice for some group of people. They

Maryetta Gaskill  
Cochise County  
1954

40.

were to follow procedures recommended by the training course.

2. Report forms were provided to check the group's success and areas of difficulty.

#### Results, Observations and Evaluations:

1. These training sessions were the first attempt in this area of the country to teach mass feeding to homemakers. (Previous training has been given only to dieticians, home economists, welfare workers, etc.). It is hoped that this training program can set a pattern for training in other areas.
2. The assistance of persons from other organizations added a great deal to the training program. A demonstration on dishwashing by George Griffin proved to be a highlight of the second meeting.
3. The homemakers were generally enthusiastic about participating in a mass feeding program. Those who were actually members of a Mass Feeding team enjoyed the training most and, of course, learned more than the others.
4. Most of the information presented was just good basic training that will help homemakers do a better job in preparing food in quantity.
5. During April the Agent took Jo Perrill, Women's Editor of the Arizona Farmer, on a tour of three homes for the purpose of getting publicity on Mass Feeding. A story on the Mass Feeding program was later featured in the "Farmer".

16 leaders from 9 groups and 3 communities attended the Mass Feeding following meeting held May 16th at the Women's Club in Willcox. 74 copies of "Mass Feeding, a Manual for Homemakers" were distributed. Other persons attending were: Mrs. Grace Doedler, Assistant Director, Pima County Civil Defense; John Pintek, Director Cochise County Civil Defense; Jack Howard, Cochise County Sheriff; Mr. George B. Owens, State Director of Civil Defense; Mrs. Margaret Janssen, Assistant State Director of Civil Defense; Mr. Fred Crookshank, Director, Willcox Civil Defense; and Mrs. Elsie H. Morris, Extension Nutritionist.

Method of Procedure - included in the afternoon's program were:

1. Opening remarks by Director Owen
  - a. The manual was referred to the regional Civil Defense office. (11 Western States) and will ultimately be referred to the National Civil Defense Headquarters.
  - b. The Mass Feeding Program as developed in Cochise County was of original and natural interest because:
    1. It was the first attempt to present Mass Feeding to lay persons.

2. The proposed method of feeding evacuees was very suitable for this area.

2. Reports from Supervisors of Mass Feeding Teams:

- a. The Supervisors unanimously agreed that their Mass Feeding menus were:

1. Easily prepared and served.
2. Tasty and nutritious.
3. Well received by the diners.

- b. Most teams used fewer women as "personnel" than recommended by the Mass Feeding manual and doubled up on duties. (This was suggested at the training sessions, since the manual assumes that at least 500 persons per meal will be served). One team used a full team of 15 members to serve 46 people, and reported that their team was "too large".

- c. All teams followed recommended sanitary procedures for:  
disposing of garbage  
cleaning counter and table tops  
washing dishes

The Chief of Mass Feeding, Mrs. Hazel B. Johnson, reported that the Spanish-American women, who regularly do the dishes and clean up the kitchen and dining area after functions at the Women's Club had been trained in the recommended sanitary procedures. The women plan to train others who assist her. Mrs. Johnson felt that the Women's Club had been lax in this regard in the past and was glad to have the situation corrected.

- d. Recipes adapted from the school lunch program generally do not allow enough time for surface cooking. Probably the recipes were intended to be prepared in steamers. Recipes from the U.S.D.A. "Recipes for Quantity Service" bulletins were used very satisfactorily by the homemakers. Most groups did not combine an egg with the coffee.
- e. All groups seemed to be aware of the need for an efficiently arranged kitchen and dining room areas. The American Legion Auxiliary and the Veteran's of Foreign Wars Auxiliary plan to improve the kitchen in the Willcox Vet's Club by putting in a serving window, serving counter and by cutting a long table in half (to allow for easier movement about the kitchen). These improvements will be made as soon as possible.

3. Presentation of the Mass Feeding Manual

- a. Included in the 36-page manual is subject matter and information on the following:

Personnel for Mass Feeding  
Kitchen and Serving Arrangements for Mass Feeding  
Scale Drawing of Willcox Woman's Club  
Supplies and Small Equipment for Mass Feeding Centers



Sanitation Pointers for Mass Feeding  
Suggested Set-up for Dish Washing Out of Doors  
Personnel Hygiene for Lunch Room Workers  
The Selection and Preparation of Foods in Large Quantities  
Recipes for Mass Feeding  
Approximate Amounts of Foods as Purchased to Serve  
Fifty  
Amounts of Meat to Purchase for Fifty Servings  
Common Measurements and Equivalents  
Special Problems in Mass Feeding of Evacuees  
(infants and invalids)  
Supply Management - Storage of Mass Feeding Supplies  
Sample Purchase Order Form  
Team Performance (a guide for women's organizations)  
Report Forms

- b. Homemakers were requested to put their manuals into 3-ring notebooks.
4. A discussion and demonstration of Sanitation by George Griffin, Cochise County Sanitarian
  - a. Homemakers were shown cultures of bacteria growing in Petri dishes as a result the dishes being contaminated by:
    1. being exposed to air
    2. a cough
    3. gum
    4. finger prints
    5. a human hair
  - b. Using a Black-lite and fluorescent powder, Mr. Griffin demonstrated how disease and bacteria could be transferred from person to person.
  - c. Methods and importance of controlling flies were discussed.
5. A movie on the hydrogen bomb.

#### Results, Observations and Evaluations

1. Women's groups not represented at the meeting were supplied with one copy of the manual and were told that they might order more copies.
2. The local director of Civil Defense personnel will attempt to secure a person to be in charge of the Willcox infant formula kitchen. There was only one dietician in the vicinity of Willcox. There were so few nurses that, in the event of an emergency, it is felt that their services would be required by the hospital.

Maryetta Gaskill  
Cochise County  
1954

MASS FEEDING PROGRAM

# The Arizona Homemaker

## First In The Nation

Women's Organizations in North Cochise County Join with Local Civil Defense Officers in Mass-Feeding Program



Sanitizing procedure was the most strongly emphasized training in the entire mass-feeding program. Here at work dunking the dishes are Mrs. Sonja Balcolm of the Willcox WSCS, Mrs. Verla Williams and Mrs. Alice Lacy, both of the San Simon PTA, and Cochise County Sanitarian George Griffin.

**P**ILOT PROGRAM FOR the whole country! That's the proud record for the local Civil Defense organization at Willcox, made through the co-operation of the women of the area.

A mass-feeding program for ex-  
acuees has been worked out and tested.  
In recent months, after many high-  
level conferences in Washington the  
Civil Defense program has changed

from a "run-to-cover" program in the cities to "Operation Walk-Out," a mass evacuation plan, in event of bombing or other wholesale attack. As a result, and for the first time, the national planners are recognizing the tremendous role that must be assigned country and small town folks.

They are therefore studying with great interest the mass-feeding pro-

gram that originated and was de-  
veloped at Willcox. Because Arizona  
CD officials have long considered  
the possibility of coast cities evacua-  
tion, either because of plan or panic,  
they were receptive to the idea from  
the ranks.

Just a lot of co-operation from  
several agencies was needed when  
the folks in northern Cochise County  
(Please Turn to Page 39)

44.  
Maryetta Gaskill  
Cochise County  
1954

## MASS FEEDING PROGRAM, continued

### First in Nation

(Continued from Page 34)

started thinking about the program. Who would do the work? How would they feed evacuees? What would they feed them? What about sanitation — nutrition — efficiency of operation?

Planning began with the logical assumption that women's organizations experienced in giving suppers, banquets and the like, could supply members who already had some training.

All planning had to continue on logical assumptions too, because there was no blueprint to work from for any of the details.

The Agricultural Extension Service, the local and State Health Departments, the school lunch program personnel, the Army — all of these were asked for help, and gave it.

Almost every women's organization that was invited to participate sent representatives to the training meetings in which the procedure was worked out.

With County Home Demonstration Agent Mrs. Maryetta Gaskill acting as co-ordinator, training was given by Mrs. Elsie Morris, Extension nutrition specialist; George Griffin, Cochise County sanitarian; Martha Pollard, from the maternal and child health division of the Health Dept.; Grace Smith, field supervisor for the school lunch program.

The simplest menu possible — stew and coffee — was planned, and the dishes were reduced to a minimum — a bowl, a cup, a spoon.

The women were organized into teams which included a team supervisor, chief cook, assistant cook, servers and "pearl divers."

Mrs. Sonja Balcolm, a team supervisor who is a member both of the Woman's Society for Christian Service of the Methodist Church and the Homemakers Organization, told your reporter something about the methods and the important parts of the training.

### Germ-Free Atmosphere

"The biggest thing is to be very, very careful with sanitation. The dishes are washed in tubs — swished off in water, then washed in hot soap and water, then left three full minutes in a tub of sanitizing water and then dried in a rack. The tables, counters, everything, is washed with sanitizing water too. And of course the members of the teams have to keep washing their hands, just like they do in their own homes when they're cooking — and wear an apron and a hair net."

She estimated that one team could serve 150 persons at a meal "easy."

And as a matter of fact, the women's clubs in the area have been serving "evacuee meals" — to the men's service clubs!

Each organization tried to get at least two "practice sessions" in after the training was over, and the Rotary and the Lions Club were the principal beneficiaries. According to all reports, the men were quite amiable about getting in line with bowl, spoon and cup, and dining on stew. In addition, however, the women also provided salad and dessert.

As the Civil Defense plan is now worked out, existing kitchens in schools, civic centers and the like will be manned.

The Civil Defense blueprints show the Army taking over for the first 24 hours of emergency, and then the local folks will have the jobs. Since the Army would, in such event, set up field kitchens and then leave them for civilian use, it is possible that the next Civil Defense planning by the women in northern Cochise County will include field kitchen training. — Jo.



## Emergency Mass Feeding

# Civil Defense Holds Second Study Meeting

The second session of the Civil Defense Emergency Mass Feeding School was held last Friday in the Willcox Woman's Club building. Mrs. Maryetta Gaskill, Cochise County Home Demonstration Agent, was chairman of the event. The session opened at 10:00 o'clock with Elsie H. Morris, Extension Nutritionist, discussing: Table Service; Preparation and Serving Utensils and Kitchen Equipment.

Miss Morris had prepared a flannel-graph presentation of the efficient kitchen arrangement. She used the Club building kitchen as the basis of her discussion. Members of the school were asked to adapt the points stressed to the kitchens in which they would be most apt to serve.

Following Miss Morris' discussion, the school was divided into smaller units which discussed kitchen arrangements for most efficient labor. They also studied the techniques used in preparing the meal which was to be served at noon.

Mrs. William Balcom was Supervisor for the noon meal which consisted of beef stew, hot biscuits and butter, and coffee or cocoa. The meal was served with a plate, a teaspoon and a cup, the equipment most likely to be used in case of an emergency.

Following the dinner E. S. Morford, Director of Personnel for the Willcox Civil Defense, discussed organization. He announced that each team would be asked to serve a meal to some group before May 15, using the organization for serving teams and the techniques taught in this school.

Special report forms are provided for each team supervisor to make a report of this activity. There will be a report meeting on May 15 at 2:00 p.m. at the Woman's Club building at which problems of training and execution of plans will be discussed.

Mr. Morford announced the First Aid training program which is to start Saturday of this week.

George Griffin, County Sanitarian, directed a discussion of sanitary dishwashing, both for established institutions and for emergency situations. This was one of the high lights of the day. He supervised washing the dishes used in the noon meal.

Supply management, procedure for requisitioning supplies, amounts to order, keeping records and storing supplies completed the discussion portion of the school. The session was closed with a motion picture showing sanitary dish washing.

While the school was planned as a part of the local Civil Defense training program, of which Fred Crookshank is chairman, the school was planned by the department of personnel.

45.  
Maryetta Gaskill  
Cochise County  
1954

WILLCOX, COCHISE COUNTY, ARIZONA 2-12-54

Sponsored by Civil Defense

## Emergency Cooking School Started Here Friday

An experiment is being tried discussed the "Principles of Mass out in Willcox which may be Feeding" while Miss Martha Pol- taken all over the state. The lard talked on "Special Feeding experiment is in teaching key Problems." Instructions were men and women in mass feeding given on an emergency meal. in case the necessity ever arises. ' During the afternoon George The first lesson was given last Griffin, sanitarian for Cochise Friday at the Willcox Woman's county, talked on the standards club while the next meeting will for workers, kitchen, dining area be held in the same location a and workers' rest room, on pre- week from today-Friday Feb. 19. preparation and service of foods, on

After a typical evacuee lunch dish washing and dish storage, had been cooked and eaten Friday, Miss Grace Smith, field on taking care of garbage, the supervisor of school lunch pro- controlling of flies and pests and gram took an evaluation of the the purifying of questionable water.

All clubs and civic organiza- tions were each asked to send two members to learn of the methods that are being taught. Among the communities that were represented were Pomerene, St. David, Benson, Willcox, Bowie, San Simon and Bisbee. John Pin- tek, county civilian defense direc- tor, Frank Clark, county welfare director, and Dr. Jean Stewart from the extension department at the University of Arizona were among those present who did not appear on the program.

Miss Smith pointed out that the meal had to fit in with the facili- ties that were available and that it would have been possible to have had a hot bread.

From the sanitary standpoint Many leaflets were given to the way the meal was handled those present which included and prepared was good. The menus, rules for personal hygiene criticism here was the fact that for lunch room workers, quanti- ty recipes, quantity buying, a the dishes had to be dried by hand instead of the favored drip guide as to the organization for dry method. evacuee meals, principles of mess

The program opened at 10 with layout for evacuee mass feeding, George B. Owen, state director and suggested small equipment of Civil defense, talking on "Civil for emergency mass feeding Defense and You." Miss Smith centers.

### Home Mixes

During May the Extension Nutritionist and the Agent spent one day developing the "Home Mixes" program. This project was presented by leaders to the homemakers clubs in October and November.

16 homemakers from nine communities attended the leader meetings on Home Mixes which were presented in two areas of the county by the Agent. 417 mimeos were distributed at these meetings. Communities not represented were Bisbee Junction, Webb Mothers Club and Sew What? (Portal).

### Method of Procedure:

The following Mixes and recipes for each Mix were discussed and demonstrated:

1. Master Mix - A mix from which cakes, cookies, biscuits, muffins and gingerbread may be made.
2. Holiday Cooky Mix - An oatmeal mix which makes a variety of oatmeal cookies.
3. Dry Skim Milk Powder Cake Mix - which makes a plain yellow cake.
4. Dry Skim Milk Powder White Sauce Mix.

### Results, Observations and Evaluations:

1. Most of the products made from the mixes were very satisfactory despite the fact that the ovens were not accurate.
  - a. An error in two cake recipes was discovered at the leaders meetings and rectified. The mixes had been tested prior to the meeting by the Agent but this particular recipe was not prepared.
2. Leaders found they could make a smoother white sauce by pouring the heated milk into a jar containing the white sauce mix and shaking the contents vigorously. The mixture was then poured into the top of a double boiler and cooked for five minutes.
3. Recipe sheets were sent to those clubs who were not represented at the meetings.
4. Results of this project will be reported in the 1955 annual.



Bulletins and Mimeos requested or taken from the office:

29 Mass Feeding Sanitation Mimeo  
73 Mass Feeding Small Equipment Mimeo  
15 Mass Feeding Personnel Mimeo  
90 Mass Feeding Kitchen Layout Mimeo  
89 Mass Feeding Manual  
145 Home Mixes, White Sauce and Master Mix  
145 Home Mixes, Cooky Recipes  
145 Home Mixes, Cake Using Dry Skim Milk  
2 French Bread  
2 Hot Rolls  
11 Meat For Thrifty Meals  
8 Dry Beans, Peas, Lentils -- Modern Cookery  
1 Potatoes in Popular Ways  
6 Sweet Potato Recipes  
1 Cheese in Your Meals  
11 Peanut and Peanut Butter Recipes  
6 Mile High Cakes  
10 Grapefruit Desserts  
17 Frozen Desserts  
1 Outdoor Cookery Mimeo  
1 Broiler Meals  
14 Punch Recipes  
12 Packed Lunches  
1 Family Fare  
10 Turkey on The Table the Year Round  
5 Ice Cream Frozen Without Stirring  
9 Egg Dishes for Any Meal  
21 Salads From Arizona Grown Foods  
15 Sour Cream How to Prepare and Use It  
4 Honey, Some Ways to Use It  
2 The Family Meal Hour  
2 Ways With a Pressure Saucepan  
16 Food Guide for Older Folks  
3 Home Pasteurization of Milk  
1 Calories From Some Every Day Foods  
10 National Food Guide  
14 Arizona Home Gardening

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947 Total

## HEATH AND SAFETY

### Home Nursing and First Aid

Home Nursing and First Aid was a problem of major interest to Cochise County Homemakers. Since so much of the county is rather isolated and distances to reach medical help are so great, many homemakers were anxious to learn all they could in this area.

#### Method of Procedure:

1. The Tucson Chapter of the American Red Cross, which serves the northern portion of the county, was contacted to learn the correct procedure for securing Red Cross assistance for Home Nursing and First Aid Courses.
2. At local program planning meetings these courses were fully explained and groups were instructed to secure --
  - a. A list of all persons who wished to enroll in a first aid or home nursing class.
  - b. At least two qualified instructors; that is, persons with education (preferably home economics education) or nursing backgrounds.
3. These lists were forwarded to the Red Cross.
4. At the spring Council meeting, Miss Dorothy Morse, Nursing Director, Tucson Chapter, American Red Cross, presented mimeos on this subject and further explained the opportunities and requirements of first aid and home nursing classes.

#### Results, Observations and Evaluations:

1. Most homemaker groups prepared lists of persons interested in the course and willing to give the necessary time to attend classes.
2. Only one group was able to secure persons who could qualify for instructor training. This was the South Bisbee group.
  - a. Bisbee was not in the area served by the Tucson Chapter.
  - b. The southern portion of Cochise County did not have a Red Cross Nursing Director.
  - c. Qualified instructors from the Benson-St. David area did not feel that they could instruct a class in Bisbee.

3. It was unfortunate that this worthwhile program could not be made available to Cochise County homemakers in 1954. Efforts should be continued from a local level to obtain Red Cross services in this area.

#### Other Activities

Silver Creek and Westside included ten-minute health reports in their regular meetings.

One Cochise Progressive Pioneer homemaker attended the home nursing classes at Country Life Conference.

San Pedro Valley homemakers worked on highway safety. They were particularly interested in getting "Slow" signs posted near the Palominas school which is on the route to Fort Huachuca.

#### Bulletins and Mimeos requested or taken from the Office:

- 12 Household pests
- 1 Child Care
- 1 First Aid
- 1 Colds

## FAMILY ECONOMICS AND HOME MANAGEMENT

### Easier Housework

During July the Home Management Specialist, Miss Grace Ryan, worked with the Agent in developing the Easier Housework program to be presented through leader training in September.

19 homemakers from 9 homemakers groups and one Relief Society attended the leader meetings on "Easier Housework" conducted in two areas of the county by the Agent. Clubs not represented were Stewart, Frontier, Rucker and South Bisbee. The Agent presented the project to Rucker and Stewart. South Bisbee and Frontier were urged to attend the Bisbee Junction meeting. 178 bulletins and mimeos were distributed.

### Method of Procedure:

The following points were discussed and demonstrated:

1. Phases of home management
  - a. Methods
  - b. Body Mechanics
  - c. Work areas
  - d. Tools
  - e. Job Analysis
2. How to make housework easier by using ---
  - a. Six Honest Serving Men (Kipling) - What? When? Where? How? Why? Who?
  - b. Six principles of home management
    1. Keep everything within easy reach
    2. Use good posture
    3. Use the best tool
    4. Combine tasks if possible
    5. Leave out all of the task that you can
    6. Make both hands work
3. Preparing vegetables for cooking - using the above aids.

### Results, Observations and Evaluations:

1. To increase the amount of follow-up on this project, each homemaker was asked, at the close of her homemakers meeting, to state one improvement she needed to make in her method of preparing vegetables. She was asked to make this improvement before the next meeting.
  - a. Some of the improvements which homemakers resolved to make were:
    - get a vegetable peeler
    - move the paring knife nearer the sink

- draw up plans for re-modeling the kitchen
  - get a knife rack
  - store the pan lids nearer to the stove
2. This discussion-type project was received very enthusiastically by the homemakers. But at leader-led meetings which the Agent attended it was noted that leaders lack skill in presenting this type of project. They were unable to stimulate discussion and, failing to get any discussion from the homemakers they proceeded through their presentation so fast that the homemakers could not keep pace with them.
  3. At the south Cochise County leader meeting one homemaker said, "I was sitting there very smug thinking, 'my kitchen has that', and 'I'm doing that right', and then , you mentioned "lids" and I thought, 'bhh, mine are just where they shouldn't be -- clear across the kitchen from the stove!'"
  4. This homemaker and nearly every homemaker found that some improvement could be made either in their kitchens or in their tools or in their work habits.
  5. The results of this project will be reported in the 1955 annual report.

Bulletins and Mimeos requested or taken from the office:

- 178 Easier Housework, An Outline for Home Mgt. Leaders
- 12 Who Does the Work at Your House
- 8 Posture Bulletin
- 11 Help Yourself to Laundry Aids
- 2 House Cleaning Management and Methods

211 Total



## CLOTHING AND TEXTILES

### Choosing Accessories

This project was presented in 1953. Cochise, San Pedro Valley, Stewart and Silver Creek submitted leader's reports. A summary of these is as follows:

All had a work-type meeting at which garments were actually accessorized.

14 days were spent by leaders in working on this project.

41 members and 23 other homemakers accessorized garments.

#### Results, Observations and Evaluations:

1. This was an educational-type program which does not produce clear-cut results. The value of such a program cannot easily be measured; but, many homemakers were no doubt influenced by it to select more becoming colors, or to wear more or less jewelry, or to make better use of clothing and accessories on hand.

### Hair Styling

This project was also presented in 1953. One group (San Pedro Valley) was organized after the project had been given. They used the "Hair Care" mimeo and the services of a former beauty operator to present this topic to their club. 13 homemakers were in attendance.

At their meeting hair care and hair styling were discussed and illustrated. As a result of this local meeting ---

- 5 women changed their hair style during the year.
- 3 women learned to make pin curls.
- 1 homemaker made and used the home shampoo (agent's note: only the leader had the recipe for the shampoo. Additional copies of the mimeo were offered but not requested.)

### Fabric Selection and Care

During March "Fabric Selection and Care" leader training meetings were presented in two areas of the county by the Agent. 13 homemakers from 6 communities were in attendance. Clothing leaders and the communities they represented were as follows: Mrs. W. D. Wear, Sr., Cochise;

Mrs. Jack Neal, Mrs. Alice Lee and Mrs. Bert Wilson, Stewart; Mrs. Geo. Brown and Mrs. Kate Hemenway, San Pedro Valley Homemakers; Mrs. Paul Farley, Mrs. Martha Dawson and Mrs. E. J. English, Double Adobe; Mrs. A. S. Whatley and Mrs. J. W. Eades, Silver Creek; and Mrs. Dorothy Pennix and Mrs. Ruth Douglas, Webb.

Earlier in March the Agent received training for this project from Miss Helen L. Church, Extension Clothing Specialist.

Method of Procedure:

1. Included in the presentation of this project were the following:
  - a. all leaders took a fabric identification test.
    1. This test was to show how difficult it is to identify new fabrics.
  - b. Leaders brought garments which they had purchased that were not satisfactory. The reasons these were not satisfactory were listed.
  - c. The characteristics and care of rayon, acetate and other man made fibers was discussed and illustrated.
  - d. The garment "problems" not solved by the discussion were answered.
  - e. Labels for fabrics and garments were discussed and illustrated.
2. A suggested method for presenting this project to local groups was given to the leaders.
3. Use of the kit and the kit schedule was explained.

Results, Observations and Evaluations:

1. The importance of accurate and informative labeling was apparent to the leaders.
2. Clubs not represented at the meeting were contacted by letter regarding ways by which they might be able to take part in the project. All groups except Rucker Canyon were able to participate.
3. The "tests" on Fabric Selection were very worthwhile. They served to prove how dependent homemakers are upon labels and upon the integrity of the retailer and manufacturer.
4. The number and kinds of textiles finishes also convinced homemakers of the need for labels.
5. Adult leaders were able to do a good job of presenting this project. To do so required a great deal of study on their parts because man made fiber are similar in so many respects.

Leader's Reports on "Fabric Selection and Care"	Att. at meeting when Project was presented	How mtr. was given to Others			Did homemakers find labels on				No. of homemakers who used precautions in pressing rayon and acetate	No. of homemakers who purchased satisfactorily							
		Showed by doing	Had others do	No. of days leader spent in working on this project	Ready to wear		Fabric by the yard			Nylon		Dacron		Orlon		Acrilan	
					No	Yes	No	Yes		Yes	Not	Yes	Not	Yes	Not	Yes	Not
NR - Club did not report																	
NP - Club did not participate																	
Bisbee Junction	7	NR															
Cochise Pioneers Club	21	x		1	12	6	12	18	18	2	1			3			
Double Adobe	10	x		3	10					10							
Frontier	4	NR															
Rucker Canyon	NP																
San Pedro Valley	10			1	3		3	14	7		2			3			
Sew What Club	17	x			1		1		4					3			
Silver Creek	15	x	x	6	10		10	18	NR		NR			NR		NR	
South Bisbee	6	NR															
Stewart	30	x		2	5		5	3	2					2			
Sulphur Springs	6	NR															
Webb Mothers Club	13	NR															
Westside Club	18	NR															
Totals - 12 clubs	157	5	1	13	41	6	31	41	41	2	3			11			

### Mending, Darning and Re-weaving

14 leaders from 10 communities attended leader training meetings on Mending, Darning and Reweaving held in two areas of the county. Miss Helen L. Church, Extension Clothing Specialist, conducted the meetings. Three relief Societies (Bisbee, St. David and Pomerene) were represented. The six homemakers clubs which did not attend were contacted and suggestions made for making up this project. 334 mimeos and bulletins were distributed.

### Method of Procedure:

Miss Church demonstrated and discussed the following:

1. Quick easy mending
  - a. iron-on mending
  - b. glued patches
  - c. sewing machine mending
  - d. minute and a half levi and work clothes patch
  - e. zipper mending
2. Inset patch.
3. Reweaving.
4. All leaders made samples of each kind of mend.

### Results, Observations and Evaluations:

1. Leaders generally were thrilled with the "quick" methods of patching.
  - a. several were surprised to learn that machine darning could be done on any machine simply by releasing the pressure bar.
  - b. Glued on patches were new to the majority of homemakers.
  - c. One leader and the Agent went home from the meeting with new slide fasteners on zippers which otherwise would have had to be replaced. Retailers in Bisbee, Douglas and Willcox have been asked (by leaders) to stock zipper menders.
2. Older leaders, in particular, were relieved to learn simplified methods for reweaving and making the inset patch.
3. Webb, Rucker Canyon and Frontier did not participate in this project.
4. Double Adobe homemakers prepared a Mending and Darning booth for the Cochise County Fair.



No. of Women Who Made

Leader's Report on "Mending, Darning and Reweaving"	Att. at project meeting	How Inf. was given to others		No. of days leader spent in working on this project	A Quick Levi Patch			Reweaving			A Set-in Patch			An Iron-on Mend			A Glued Mend			A Machine Darn		
		Showed by doing	Had Work meeting		Homemaker	Other	No. of Patches made	Homemaker	Other	No. of Patches made	Homemaker	Other	No. of Patches made	Homemaker	Other	No. of Patches made	Homemaker	Other	No. of Patches made	Homemaker	Other	
NP - Club did not participate. NR - Club did not report.																						
Bisbee Junction	5	NR																				
Cochise Pioneers	18	x				2		NR				3	1	NR	1					4	1	NR
Double Adobe	11	x	x	6	10			15														
Frontier	NP																					
Rucker Canyon	NP																					
San Pedro Valley	11	x	x	3		4			6		NR											
Sew What? Club	NP																					
Silver Creek	22	x	x	3		1	1	2	1		1				1		3			1		6
South Bisbee	6	NR																				
Stewart	18	x	x	2		5	2	48				1	1	NR	5		NR	1		4		NR
Sulphur Springs	17	NR																				
Webb Mothers Club	NP																					
Westside Club	19	NR																				
Pomerene Rel.Soc.	11	NR		1																		
St. David Rel.Soc.	11	NR																				
Totals - 11 coms.	139	5	4	18		22	3	65	7		1	4	2		7		3	1		9	1	6

### Pre-Program Planning

16 Homemakers from 6 communities attended pre-program leader meetings held in two areas of the county during July. Clubs represented were Cochise, Double Adobe, Silver Creek, San Pedro Valley, Stewart and Sulphur Springs. Miss Helen L. Church, Clothing Specialist, conducted the meetings.

Goals: to train leaders in ---

- leading a program-planning discussion at the local level.
- considering constructively the desires and characteristics of the group.
- evaluating past programs and suggested topics according to the needs and interests of the individual homemaker and the group as a whole.

### Method of Procedure:

1. Recommended topics for the past four years were discussed
  - a. Are these topics still of interest to your homemakers?
  - b. Factors to consider when selecting clothing programs
    1. Do your members work outside of the home?
    2. How many of your homemakers have been married 4 years or less?
    3. Do they make or buy their clothing?
    4. What purchases present problems?
2. The development of leader training programs, the responsibilities of and benefits to leaders, and the role and the value of an extension program for homemakers.
3. Homemakers filled out a check sheet on better leader training.
4. Suggestions of suitable topics were made and discussed fully.

### Results, Observations and Evaluations:

1. From this frank and straight forward discussion of program planning problems which confront us both at the county and local level, homemakers were able to get a much clearer picture of the situation and some possible solutions.
2. Most homemakers were surprised and yet happy to learn that by considering the likes and dislikes of their members they could plan programs more suited to their needs and interests.

3. Topics designated by clothing leaders as being foremost in interest:

Making the Best Use of Your Sewing Machine	}	South Cochise Leaders
Reorganizing Your Sewing Center		
Better Grooming		
Buying Dresses		
Pattern Alterations	}	North Cochise Leaders
Simple Dresses or House Dresses		
Pattern and Dress Design for Figure Types		
Making the Best Use of Your Sewing Machine		

4. Comments by leaders were:

North Cochise Leaders - For projects which are adaptable to work meetings, leaders would like to hold special work meetings for interested homemakers.

South Cochise Leaders - Homemakers want projects which are timely and practical, but they do not maintain interest in projects which require:

a series of meetings or special meetings

purchasing, making, or otherwise, acquiring new or special products, articles, or equipment. (Particularly if these are expensive and not absolutely essential)

5. Summary of Check Sheet on Better Leader Training

	Cochise	Double Adobe	Silver Creek	San Pedro Valley, Hereford	Stewart	Sulphur Springs
1. How many members are in your club? What is the average attendance? Where do you meet? Homes? Public Buildings?	19 12 x	17 12 both	24 18 yes	18 12 3/4 1/4	50 12-20 x	12 4 Some-times Usually
2. How many of your members are Young women with family? Older women with high school age family? Older women with family away from home?	0 0 all	12 3 2	2 5 17	6 6 6	6 4 40	4 2 6
3. How much time do you have to give your demonstration in your club?	1 1/2 hrs.	2 hrs.	1 1/2 hrs.	1-2 hrs.	2 hrs.	2 hrs.
4. Do the women participate when you ask for work type meetings? Do they want to be entertained? Or do they want to learn?	yes yes yes	yes yes yes	yes few most	yes yes yes	yes yes & no not many but some	Not too willingly yes yes
5. Should Specialist's demonstration be limited to time? One Hour? Two Hours?	x	x	x	at least	x	x
6. Would you like longer LTM's then select material best suited to your club? Would you like to repeat the Specialist's demonstration without change?	x x	no yes	yes yes	yes some-times	yes yes	yes yes
*7. For certain projects, would it be easier for you to give special work meetings to those interested, rather than the whole club?..	yes	no	no	no	yes	yes
8. How many of your club members actually make use of information given them? How can we learn about the use home-makers are making of extension information?	all reports	50% answer	3/4 reports	1/3 reports	Very few Interview each nomemaker	about half Interview each nomemaker

\*Re: question 7 - This questionnaire was given to North Cochise leaders at close of the meeting, to South Cochise leaders at beginning of the meeting. A homemaker from Cochise suggested holding special work meetings. All North Cochise leaders were in favor of special meetings; All South Cochise leaders were opposed to them.

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Cochise County  
1954



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Cochise County  
1954

6. Two of the topics suggested by leaders at this meeting were selected for the 1955 countywide program.

- a. At the County Council program planning there were fewer topics suggested in the clothing field than in any other project field. As a result, the vote was spread over fewer topics and the final selections represented a "choice" of most groups.

Bulletins and Mimeos requested or taken from the office:

- 11 Accessories
- 2 Choosing Accessories
- 1 Is Your Hair Your Crowning Glory
- 191 Be a Wise Buyer of Acetate and Rayon
- 191 Other Man Made Fibers
- 208 Mending Made Easier
- 177 Quick Levi or Work Clothes Patch
- 27 Recommendations Mimeo (Pre-Program Planning)
- 27 Check Sheet Mimeo " "
- 27 Leader Interview Mimeo " "
- 20 Making Bound Buttonhole
- 2 Fitting Dresses
- 2 Pattern Alteration
- 2 Measurement Card
- 1 Fitting a Suit or Coat
- 1 Finishing Techniques
- 4 Short Cuts in Sewing
- 1 Making a Dress Form
- 1 Fitting Pattern to Dress Form
- 4 Coat Making at Home
- 8 Simple Equipment Needed for Tailoring
- 2 Stay Stitching
- 2 Dresses Designed for Little Girls
- 3 If You Dry Clean at Home
- 17 Stain Removal From Fabrics
- 17 Buying Your Home Sewing Machine
- 9 Sewing Machine Cleaning and Adjusting
- 5 Your Sewing Machine Attachments

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963 Total

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Cochise County  
1954

61.

#### FAMILY RELATIONSHIPS

There was no countywide program devoted to this topic in Cochise County during 1954.

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Cochise County  
1954

## RECREATION AND COMMUNITY LIFE

Eight clubs reported participation in this field as follows:

### Bisbee Junction Homemakers

- sponsored family picnics during the summer months.

### Cochise Progressive Pioneers

#### Community Service --

- Sent donations to Arizona Children's Home, American Red Cross, March of Dimes, American Cancer Society.
- Provided lunch for the Bookmobile personnel when the Bookmobile visited Cochise.
- Repaired the water tank and took care of the Cochise Cemetery.
- Sponsored monthly card parties which have now become a tradition.

### Frontier Homemakers

- The Club House secured by this group in 1953 has been greatly improved. Cement steps have replaced stacks of "safety hazard" logs and hard wood floor has been installed.

### Rucker Canyon Homemakers

- Sponsored community parties in June and December.

### San Pedro Valley Club

- Sponsored ice cream socials to raise money to send 4-H'ers to Camp and Roundup.

### Sew What? Club (Portal)

- Donated to the Valley of the Sun School for Handicapped Children.
- Sent 39 Christmas cards and 51 birthday cards to out-patients of the County Hospital.
- Sent used Christmas cards to Valley of the Sun School.
- Donated to the Rodeo, New Mexico and Portal, Arizona school libraries.
- Had a textile painting class.
- Sponsored two family picnics and one community Civil Defense picnic which 67 persons attended.
- Had Penny Parades each month, raffles occasionally, and a White Elephant Auction.

### Silver Creek Homemakers

- Had a Country Store booth in July to raise money for Arizona Boys Ranch. Sent the ranch the entire proceeds of \$127.10. Also, in May members of the Silver Creek Club gathered their rummage and

gave it to Mrs. Harriet McCarter, a representative of Arizona Boys' Ranch, to take to Phoenix to sell.

- Members bring gifts to be sent to Veterans Hospital.
- Made aluminum trays, lamp shades.
- Had a picnic for families in June and Christmas party for members families and guests in December.
- Had "Russian Auction" each month and a "Pig in the Poke" occasionally.
- Each member has a Sunshine Sister whom they remember on birthdays, anniversaries, and other occasions with cards or small gifts.
- When members or members of their families are sick the club sent flowers or some suitable gift of cheer.

#### Stewart Homemakers

- Sponsored club birthday party each March.

#### Country Life Conference

Six Cochise County homemakers and the Agent attended Country Life Conference held June 14 - 17 on the University Campus in Tucson. Those attending were: Mrs. Esther Manke, Mrs. Elizabeth Gunter and Shirley Gunter, all of Cochise; and Mrs. Earl Fanning, Mrs. Alden Hayes and Miss Troller of Portal.

These homemakers enjoyed the conference programs and activities very much. Many other Cochise County homemakers wanted to attend the conference but could not do so for various reasons.



Maryetta Gaskill  
Cochise County  
1954

COUNTRY LIFE CONFERENCE  
June 14 - 17, 1954, University of Arizona  
Tucson



The Cochise  
County  
delegation.  
Back row:  
Mrs. Esther  
Manke, Cochise,  
Mrs. Maryetta  
Gaskill, H.D.A.,  
Miss Sherry  
Gunter, and  
Mrs. Elizabeth  
Gunter, Cochise.

Front row:  
Mrs. Earl  
Fanning,  
Mrs. Alden Hayes,  
and Miss Troller  
all of Portal.



Visiting the  
Bookmobile at  
Country Life  
Conference.

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Cochise County  
1954

COUNTRY LIFE CONFERENCE  
June 14 - 17, 1954, University of Arizona  
Tucson



Howard Baker,  
Assistant  
Director,  
leading a  
class on the  
topic "Study  
Your Community"



A music  
session.

66.

Maryetta Gaskill  
Cochise County  
1954

## HOME BEAUTIFICATION

40 homemakers from the Sew What? Club (Portal) attended a special interest demonstration on Landscaping which was held October 28th at the Alden Hayes home near Portal. Mr. Harvey F. Tate, Extension Horticulturist, conducted the meeting.

Mr. Tate also paid a home visit to the Jack Busenbark home in Pearce to discuss the location of a yard fence. The Busenbark home will be used for a landscape demonstration in connection with the 1955 program of the Cochise Progressive Pioneers Homemakers Club.

### Method of Procedure:

Mr. Tate discussed and demonstrated the following:

1. Types of ornamental shrubs and trees, and evergreen shrubs and trees.
  - a. Their names (common name, if any) and their characteristics.
2. Types which are most suitable for the purpose desired:
  - a. In the sun or in the shade.
  - b. Low to the ground or taller.
  - c. In a small or large area.
  - d. Amount of water available.
3. How to select and arrange plantings for an individual home.
4. How and When to plant.

### Results, Observations and Evaluations:

1. Mr. Tate used potted plants and shrubs to illustrate his discussion and demonstration.
2. The homemakers asked many questions about types of plants to select for their location and how to care for them.

### Bulletins and Mimeos requested or taken from the office:

15 Lawns for Arizona

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Cochise County  
1954

## OUTLOOK AND RECOMMENDATIONS

### Organization

At a local level the Agent will again meet with all groups to outline the county extension program for 1955 and to help them plan activities for months not taken by extension programs.

At local program-planning sessions and at officer and project leader training meetings, the roles of the Extension Service, the County Council and the individual homemakers club will again be defined. Homemakers who have a clear understanding of the functions and responsibilities of each of the above have greater respect for the Extension Service, the Council and their own group.

There has been a continued de-emphasis of crafts work as an Extension project; and, this de-emphasis is now being done by the homemakers themselves. It indicates that when basic Extension policy is clearly defined, fully explained and emphatically enforced, the homemakers will eventually accept it as their own policy and will even assume the responsibility for defining, explaining and enforcing the policy within their group. It is gratifying to hear club officers say to their members, "Extension projects are educational in nature; we do crafts work as a club project;" and to hear individual homemakers say, "The thing I like best about homemakers club is that we learn something."

Pre-program planning meetings for clothing leaders and club presidents were held for the first time in 1954. In 1955 these meetings should be extended to include all project fields.

Securing leaders reports of Extension and local club projects continued to be difficult. The importance of reports will again be emphasized. Leaders will be urged to take more pride in making good reports and also, to assume more responsibility for seeing that they are prepared and turned in to the county office.

### House and Furnishings

The 1955 program in this field will be "Care of Floor Coverings" and "Framing Pictures." "Care of Floor Coverings" will be presented to all clubs by the Agent; "Framing Pictures" will be presented through leader training meetings conducted by the Extension Home Furnishings Specialist.



Maryetta Gaskill  
Cochise County  
1954

68.

#### Food Selection and Preparation

Two projects in this field will be featured in the 1955 homemaking program. These projects will be "Beef Cookery" and "Table Service and Etiquette". Both will be presented through leader training, the former conducted by the Nutrition Specialist and the latter by the Agent.

#### Health and Safety

"Preventing Accidents in The Home" and "Helping Community and County Hospitals" will be the major projects in this field for 1955. These are council sponsored activities.

#### Clothing and Textiles

The 1955 projects will be "Making the Best Use of Your Sewing Machine" and "Organizing Your Sewing Center". The Clothing Specialist will conduct leader training meetings on the first and the Agent will present the latter to homemaker groups.

#### Recreation and Community Life

An afternoon meeting on how to "Study Your Community" will be presented to officers and project leaders by the Assistant Director.

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Cochise County  
1954

## 4-H PROJECT SUMMARY

### Clothing and Textiles

33 members enrolled and 26 completed clothing projects making 50 articles and 69 garments. The quality of clothing project work exhibited at the 4-H and county fairs was very good. 4-H clothing leaders have been prone to hold work meetings rather than giving instruction by means of demonstrations. Demonstrations and judging at local meetings should be encouraged.

### Food Selection and Preparation

12 members enrolled and 10 completed foods projects preparing 220 dishes and 56 meals. Most 4-H foods products exhibited at the 4-H and county fairs were too dry. (probably the effects of altitude). 4-H foods leaders presented project training by the demonstration method. Most members gave at least one demonstration at a local meeting. Foods clubs regularly included practice judging in their project meetings.

### Food Preservation

One 4-H'er enrolled and completed a frozen foods unit. She packaged and froze 17.5 quarts and 85 pounds of foods products.

### Homemaking and Room Improvement

10 members enrolled and 8 completed home furnishings projects, making 57 articles. Two clubs carried this project. Quality of project work was most acceptable. The selection and framing of pictures was a favorite activity.

## 4-H OUTLOOK AND RECOMMENDATIONS

Home Economics completions rose 22.3% in 1954 increasing from 54.7% in 1952-53 to 77% in 1953-54. This was the result of improved leadership, better parent support and better record keeping. For the first time in the

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Cochise County  
1954

70.

experience of the Agent, all 4-H home economics record books were "complete" when the 4-H'ers turned them in to the county office.

For the most part, existing clubs did outstanding 4-H club work:

- a. the quality of project work was superior.
- b. the quality and quantity of record keeping increased.
- c. most clubs prepared and followed written program plans which included in addition to project work participation in recreation, health, safety and community service activities.

Continued emphasis will be placed upon organizing 4-H club work on a community basis and securing the support of parents and the community in general for this type of club work. The type of support desired is, in this instance, not the awards type, but rather, an understanding of 4-H club work, how it functions, and what it seeks to accomplish; and, a resulting willingness to assist in the establishing and conducting of such a program.

4-H club work should extend into more Cochise County communities and reach a greater number of boys and girls. However, in view of the fact that the major weakness of the 4-H program lies in the individual clubs whose members do not complete, establishment of community club work will be a slow process until parents and the community get the concept of this type of club work and provide the necessary support.

Most of the 1954 4-H leaders plan to continue as leaders in 1955. The securing of new leaders will remain, to a great extent, the responsibility of the community.

Home economics leaders will be encouraged to present project work by the demonstration method rather than holding a series of work meetings. Judging and demonstrating at the local level will also be encouraged.